



AUGUST 28, 2022  
TWENTY-SECOND SUNDAY IN  
ORDINARY TIME

**CLUSTERED CATHOLIC PARISHES OF  
THE ALLEGHANY HIGHLANDS**

**SACRED HEART CHURCH**

255 W. Main St (office - 214 W. Locust St.) Covington, VA 24426  
540-962-6541 [sacredheartcovington.org](http://sacredheartcovington.org)  
Mass Schedule: Sunday 11:00 AM

**ST. JOSEPH CHURCH**

620 Jefferson Ave. Clifton Forge, VA 24422  
540-863-5371 [stjosephcf.org](http://stjosephcf.org)  
Mass Schedule: Sunday 9:00 AM

**SHRINE OF THE SACRED HEART**

1499 Shady Ln. (P.O. Box 38) Hot Springs, VA 24445  
540-839-2603 [shrineofthesacredheartparish.org](http://shrineofthesacredheartparish.org)  
Mass Schedule: Saturday 5:00 PM; Sunday 9:00 AM

**Fr. Augustine Lukenge, Administrator**  
434-755-1208

**Fr. Tom Collins, Retired Priest In-Residence**  
540-588-8492

**Fr. Dan Kelly, Retired Priest In-Residence**  
434-270-6037

**Sacrament of Reconciliation:**

Confessions are available before each Mass at all churches.

**Sacrament of Matrimony:**

In order for a Catholic to enter a sacramentally valid marriage, he/she must respect and follow the Church's discipline regarding this sacrament. Call the parish office for specific information. Normally, about six months should be allowed to prepare for this sacred covenant. Parish registration is necessary.

**Sacrament of Confirmation:**

Students are required to be registered in the parish & be participating in the parish Rel. Ed. Program. Confirmation classes are separate and obligatory.

**Sacrament of Baptism:**

Parents are required to attend one Baptism preparation class (seminar). Baptism is celebrated within the weekend Mass. Call the parish offices for a seminar date.

**Today's Gospel**

*"For everyone who exalts himself will be humbled,  
but the one who humbles himself will be exalted."*

**Luke 14:1, 7-14**

## CHURCH CONTACT INFORMATION

**St. Joseph Parish 540-863-5371**

Office Hours: Call for appointment

In Emergency	Fr. Lukenge	434-755-1208
Council Chair	Paul Cormier	540-968-6410
Vice Chair	Libby Burger	540-691-6618
Secretary	Mary Asma	540-965-5551
Worship	Paul Cormier	540-968-6410
Community Life	Kathy Smestad	540-862-5333
Justice & Peace	Mary Asma	540-965-5551
Grds&Maint.	Bob Gardiner	540-863-9452

**Sacred Heart Parish 540-962-6541**

Office Hours: Call for appointment

In Emergency	Fr. Lukenge	434-755-1208
Council Chair	Mark Taylor	540-968-1183
Vice Chair	Greg Kristoff	540-962-8900
Secretary	Zelpha Withrow	540-962-2181
Worship	Tom O'Doherty	540-962-6795
Community Life	Alvina Nida	540-747-2211
Justice & Peace	John Stec	540-862-1917
Grds&Maint.	Ron Brunetti	540-962-1565
K of C Contact	Tom O'Doherty	540-962-6795

**Shrine of the Sacred Heart Parish 540-839-2603**

Office Hours: Call for appointment

In Emergency	Fr. Lukenge	434-755-1208
Council Chair	Herb Godschalk	540-255-3690
Vice Chair	Beth Eley	646-842-1555
Secretary	Sue Godschalk	540-255-2499
Worship	Eileen Judah	540-968-6409
Community Life	Deborah Lambert	540- 468-3438
Justice & Peace	Tom Misiak	540-997-1478
Grds&Maint.	Louis Pokrywka	540-925-2413



Please pray for our  
Military Men & Women:

Sacred Heart – Arthur Headley, Jessie (Jesus) Morals, Joel Moscoso  
St. Joseph – Michael Buchanan, Joshua Crawford, Andy Shepard

Thank you for your support!

## PRAYER LIST

**St. Joseph**

Clair Dilley, Bob Gardiner, Tom Greenwood, Rita Luther, Marie Martin, Sally Putnam.

**Sacred Heart**

Pam Austin, Natalie Austin, Josephine Brown, Kevin Brown, Mack Brown, Tom Callaham, Wanda Callaham, Robert Childs, Esther Ewing, Tony Forbes, Ken Headley, Marcella Jordan, John Misorek, Michael Rybka, Maureen Stec, Thomas Wade, Dave Wenke, Stanley Young

**Shrine of the Sacred Heart**

Margaret Fields, Dorothy Miller, Bill and Molly Sasser, John W. Smith, Clarissa Westenburger



## WEEKLY DONATIONS BUDGETED NEEDS: \$1400.00

<b>St. Joseph</b>	
Sunday Offertory	\$
<b>Sacred Heart</b>	
Sunday Offertory	\$1,001.00
COPE Food Pantry	328.00
<b>Shrine of the Sacred Heart</b>	
Sunday Offertory	\$1,005.00

## CALENDAR

### WEEKDAY MASS SCHEDULE

St. Joseph – 12NOON Tuesday and Thursday  
11:30AM Wednesday and 12NOON Friday at  
Sacred Heart \*(10:45AM Friday, Holy Hour with  
Benediction at Sacred Heart)

First Saturday Mass will be celebrated next  
Saturday, September 3<sup>rd</sup>, at Sacred Heart in  
honor of the Blessed Mother: 9:00AM Rosary and  
Litany of the Blessed Mother followed by Mass.

Contact Fr. Tom (540-588-8492) to schedule a  
time for weekday Mass at the Shrine of the  
Sacred Heart.

### SAVE THE DATE

Life Chain - Fall 2022

ALLEGHANY HIGHLANDS LIFE CHAIN, sponsored by  
Sacred Heart & St Joseph K of C Council 17457, will  
be held on Sunday, October 2, 2022, from 2:30 pm to  
3:45 pm at traffic light, on sidewalks at the entrance  
to Wal-Mart Industrial Park.

## YOU HAVE APPROACHED MOUNT ZION

The Letter to the Hebrews may have been written to  
Jewish Christians who were having doubts about their  
conversion. The author suggests that they compare  
the two mountains on which each religion began. The  
Old Testament came from Mount Sinai, a dark,  
forbidding place covered with storms. The Hebrews  
were forbidden to approach it and were afraid of the  
voice of God.

In contrast, the New Testament was established on  
Mount Zion in Jerusalem. It was the site of the Last  
Supper. Anyone can approach Jesus' meal of love  
without fear. His voice is gentle and calm.

## NOTICES

### THANK YOU

Thank you to all Sacred Heart volunteers who  
delivered Meals on Wheels last week.

### THE CASE FOR JESUS

The adult faith formation offering "The Case for  
Jesus" with Dr. Brandt Pitre (FORMED) will begin  
Tuesday, September 6 at Sacred Heart Parish Hall at  
6:30 PM.

Promo on Youtube: <https://youtu.be/2byVX1r2Z9I>

If You Want A Hardcopy Of The Study Guide (Free),  
Email [Formed@Sacredheartcovington.org](mailto:Formed@Sacredheartcovington.org) Or Call  
540-962-7344 (Don Rogowski) by August 19.

To see the adult faith formation calendar using  
FORMED for 2022/2023 check out FORMED  
information at:

<https://sacredheartcovington.org/formed/>

<https://stjosephcf.org/formed/>

"Are you a practicing Catholic man between the ages  
of 18 and 118 who is looking to grow in our faith and  
serve others? The Knights of Columbus is a Catholic  
Fraternal Organization that serves the needs of our  
Parish and Community, while fostering  
spiritual growth in our members, our families and our  
Parish. For more information on our many programs,  
life insurance and opportunities to serve, please reach  
out to any knight after Mass, or Thomas O'Doherty at  
Sacred Heart Covington."

### MESSAGE FROM COMFORT CARE WOMEN'S HEALTH

We are thankful for the continued and faithful  
support of your church. As a board member, I want to  
personally thank you and to ask for prayer. As you  
know, the reversal of Roe v. Wade created an  
atmosphere of potential violence for local pro-life  
centers like CCWH. While we have had no major  
incidents, praise God, we are asking our supporting  
churches to pray for protection over Comfort Care's  
ministry and mission.

God, in your goodness, you have made a home for the poor.

## DAILY READINGS

Sun. Aug. 28	Sirach 3: 17-18, 20, 28-29; Psalms 68: 4-5, 6-7, 10-11; Hebrews 12: 18-19, 22-24; Matthew 11: 29ab; Luke 14: 1, 7-14
Mon. Aug. 29	1 Corinthians 2: 1-5; Psalms 119: 97, 98, 99, 100, 101, 102; Matthew 5: 10; Mark 6: 17-29
Tues. Aug. 30	1 Corinthians 2: 10b-16; Psalms 145: 8-9, 10-11, 12-13ab, 13cd-14; Luke 7: 16; Luke 4: 31-37
Wed. Aug. 31	1 Corinthians 3: 1-9; Psalms 33: 12-13, 14-15, 20-21; Luke 4: 18; Luke 4: 38-44
Thurs. Sept. 1	1 Corinthians 3: 18-23; Psalms 24: 1bc-2, 3-4ab, 5-6; Matthew 4: 19; Luke 5: 1-11
Fri. Sept. 2	1 Corinthians 4: 1-5; Psalms 37: 3-4, 5-6, 27-28, 39-40; John 8: 12; Luke 5: 33-39
Sat. Sept. 3	1 Corinthians 4: 6b-15; Psalms 145: 17-18, 19-20, 21; John 14: 6; Luke 6: 1-5
Sun. Sept. 4	Wisdom 9: 13-18b; Psalms 90: 3-4, 5-6, 12-13, 14-17; Philemon 1: 9-10, 12-17; Psalms 119: 135; Luke 14: 25-33

## VOCATIONS

“Take my yoke upon you, says the Lord.” Are you willing to accept the yoke of the Lord through a vocation as a priest, deacon, sister or brother? Call Father Brian Capuano 804-359-5661

e-mail: vocations @richmonddiocese.org.



## THE VIRTUE OF HUMILITY

Today's readings remind us of a chief virtue that characterizes the Christian steward: humility. This is a virtue that is widely thought of as a form of self-abasement. That understanding, however, is off the mark. Humility is simply the awareness of who (and Whose) we truly are.

On one hand, we are children of the Most High God who loved us into existence and who, by virtue of our Baptism, have the Holy Trinity dwelling within us. On the other hand, we are children who are completely dependent on God for our existence and for every breath we take.

Our Lord speaks of true humility in our Gospel passage from Luke, telling the parable of the guests invited to a wedding banquet and instructing us not to seek a place of honor at the banquet table, lest a more distinguished guest arrives and we are asked to move to a lower place.

Jesus has much more in mind here than an etiquette lesson. He is reminding us that all glory belongs to God. The visual image He offers in having to slink down to a lower seat at the table points out how silly we are when we forget to give God the credit for our blessings and talents.

On the other hand, when we live in humility — recognizing that all we have is a gift from God and using those gifts to serve Him and others — then God “exalts” us by filling us with even more of Himself and His grace.

Jesus goes on to encourage us to serve and share our blessings with people facing circumstances that would make it impossible for them to offer us any worldly advantage or prestige — “the poor, the crippled, the lame.” Our attitude and how we serve and share should be centered on true humility — recognizing that we are all “little” ones in the eyes of God. We are all His children; brothers and sisters invited to our Father's heavenly banquet