



FEBRUARY 4, 2024
FIFTH SUNDAY IN ORDINARY
TIME

**CLUSTERED CATHOLIC PARISHES OF
THE ALLEGHANY HIGHLANDS**

SACRED HEART CHURCH

255 W. Main St (office - 214 W. Locust St.) Covington, VA 24426
540-962-6541 sacredheartcovington.org
Mass Schedule: Sunday 11:00 AM

ST. JOSEPH CHURCH

620 Jefferson Ave. Clifton Forge, VA 24422
540-863-5371 stjosephcf.org
Mass Schedule: Sunday 9:00 AM

SHRINE OF THE SACRED HEART

1499 Shady Ln. (P.O. Box 38) Hot Springs, VA 24445
540-839-2603 shrineofthesacredheartparish.org
Mass Schedule: Saturday 5:00 PM; Sunday 9:00 AM

Fr. Augustine Lukenge, Pastor

434-755-1208

Fr. Tom Collins, Retired Priest In-Residence

540-588-8492

Fr. Dan Kelly, Retired Priest In-Residence

434-270-6037

Sacrament of Reconciliation:

Confessions are available before each Mass at all churches.

Sacrament of Matrimony:

In order for a Catholic to enter a sacramentally valid marriage, he/she must respect and follow the Church's discipline regarding this sacrament. Call the parish office for specific information. Normally, about six months should be allowed to prepare for this sacred covenant. Parish registration is necessary.

Sacrament of Confirmation:

Students are required to be registered in the parish & be participating in the parish Rel. Ed. Program. Confirmation classes are separate and obligatory.

Sacrament of Baptism:

Parents are required to attend one Baptism preparation class (seminar). Baptism is celebrated within the weekend Mass. Call the parish offices for a seminar date.

Today's Gospel

*"Let us go on to the nearby villages that I may preach there also.
For this purpose have I come."*

Mark 1:29-39

CHURCH CONTACT INFORMATION

St. Joseph Parish 540-863-5371

Office Hours: Call for appointment

In Emergency	Fr. Lukenge	434-755-1208
Council Chair	Paul Cormier	540-968-6410
Vice Chair	Libby Burger	540-691-6618
Secretary	Mary Asma	540-965-5551
Worship	Paul Cormier	540-968-6410
Community Life	Kathy Smestad	540-862-5333
Justice & Peace	Mary Asma	540-965-5551
Grds & Maint.	Jimmy Withrow	540-494-3987

Sacred Heart Parish 540-962-6541

Office Hours: Call for appointment

In Emergency	Fr. Lukenge	434-755-1208
Council Chair	Laurie O'Doherty	703-282-9203
Vice Chair	Leo Mulcahy	540-862-3021
Secretary	DeDe Rogowski	540-962-7344
Worship	Tom O'Doherty	540-962-6795
Community Life	Alvina Nida	540-747-2211
Justice & Peace	John Stec	540-862-1917
Grds & Maint.	Ron Brunetti	540-962-1565
Religious Educ.	Dianne Garcia	540-691-4896
K of C Contact	Don Rogowski	540-962-7344

Shrine of the Sacred Heart Parish 540-839-2603

Office Hours: Call for appointment

In Emergency	Fr. Lukenge	434-755-1208
Council Chair	Herb Godschalk	540-255-3690
Vice Chair	Beth Eley	646-842-1555
Secretary	Sue Godschalk	540-255-2499
Worship	Eileen Judah	540-968-6409
Community Life	Deborah Lambert	540- 468-3438
Justice & Peace	Tom Misiak	540-997-1478
Grds & Maint.	Louis Pokrywka	540-925-2413
Organist	Dr. Leszek Fiutowski	304-456-5473



PLEASE PRAY FOR OUR
MILITARY MEN & WOMEN:

Sacred Heart – Arthur Headley, Jessie (Jesus) Morals, Joel Moscoso

St. Joseph – Michael Buchanan, Joshua Crawford, Andy Shepard

PRAYER LIST

St. Joseph

Mark Asma, Clair Dilley, Tom Greenwood, Rita Luther, Sally Putnam, Carol Turner, Bob Umstead, Terry Windsor.

Sacred Heart

Pam Austin, Nola Beach, Josephine Brown, Mack Brown, Wanda Callaham, Robert Childs, Esther Ewing, Jay Ewing, Tony Forbes, Roberta Frampton, Paulino Gutierrez, Arthur Headley, Raphael Lopez, Heidi Mulcahy, David Palance, Maria Perron, Paul Perron, Shaun Perron, Pam Poole, Michael Rybka, Cathy Savage, Maureen Stec, Sophia Veras, Karen Wenke, Bill Withrow

Shrine of the Sacred Heart

Margo Oxendine, Molly Sasser, John W. Smith, Clarissa Westenburger

Diocese of Richmond Seminarian

Mr. Avention Grimes



WEEKLY DONATIONS BUDGETED NEEDS: \$1400.00

St. Joseph

Sunday Offertory \$1,162.00

Sacred Heart

Sunday Offertory \$1,109.00
COPE Food Pantry 305.00

Shrine of the Sacred Heart

Sunday Offertory \$1,060.75



WHY BABY BOTTLES? WHY NOW?

On January 22, 1973, the Supreme Court issued a ruling that guaranteed women access to abortion. From 1973 to 1984 more than 15 million unborn children died in legalized abortions. Over tenfold the number of Americans lost in all our Nation's wars.

On the 11th anniversary of *Roe v. Wade*, President Ronald Reagan issued a Proclamation designating January 22, 1984 as National Sanctity of Human Life Sunday.

His proclamations states: "The values and freedoms we cherish as Americans rest on our fundamental commitment to the sanctity of human life. The first of the "unalienable rights" affirmed by our Declaration of Independence is the right to life itself, a right the Declaration states has been endowed by our Creator on all human beings — whether young or old, weak or strong, healthy or handicapped."

From 1973 to 2022, over 63 million babies have been taken by abortion in the United States.

"These children will never laugh, never sing, never experience the joy of human love; nor will they strive to heal the sick, or feed the poor, or make peace among nations. Abortion has denied them the first and most basic of human rights, and we are infinitely poorer for their loss."

Through this campaign, your change, cash, and checks lovingly placed in a Baby Bottle gives help and hope to women, families, and the unborn. Because of you, a child will laugh, sing, experience the joy of human love, and strive to heal the sick, or feed the poor, or make peace among nations.

Every donation counts. Please remember to return your Baby Bottles by February 18th.



"Before I formed you in the womb, I knew you; before you were born, I sanctified you; and I ordained you a prophet to the nations." *Jeremiah 1:5*



CALENDAR

WEEKDAY MASS SCHEDULE

St. Joseph - Tuesday and Thursday at 12Noon
Sacred Heart - Wednesday at 11:30AM. The Rosary will be prayed after Mass.

Friday - 10:45AM Adoration and Benediction; Mass at 12Noon

First Friday Mass at 11am followed by 8 hours of Adoration. Benediction will be at 8PM; First Saturday Mass at 9AM beginning with the Rosary and Litany of Our Lady followed by Mass at 9:30AM.

Ash Wednesday, February 14th

Mass at Sacred Heart at 12Noon

Mass at the Shrine at 5PM

Mass at St. Joseph at 5:30PM, Stations of the Cross at 6PM

WHAT I CAME TO DO

Jesus is exhausted. His power to cure illness made him a free doctor. At the time physicians were primitive and usually ineffective. The sick were thought to be "possessed" by evil spirits, rather than germs. The devil has successfully side-tracked Christ's true ministry. This explains his somewhat strange response when Peter announces that "...everyone is looking for you." Jesus proclaims that it is time to move on to other areas. In effect, he is abandoning his home base in Capernaum.

Our Lord reveals the real focus of his career. He is a teacher with the most important lessons that will ever be shared. He does not want to be a healer, but an educator. He came to teach the way to eternal life in God.

NOTICES

If you are writing a check for the ComfortCare Baby Bottle Campaign, **PLEASE MAKE YOUR CHECK TO KNIGHTS OF COLUMBUS COUNCIL #17457.** The Supreme KofC will contribute \$100 for each \$500 raised by the Council so checks need to be written to the Knights and not Comfort Care. Don't forget to return your bottles by Sunday, February 18th.

Join our parishes in a transformative Lenten journey through Catholic Relief Services Rice Bowl to meet people in Uganda, El Salvador, and Indonesia who are working hard to overcome the challenges of hunger and the impact of climate change. Pick up your family's CRS Rice Bowl at the back of the church. During the 40 days of Lent, we will reflect on our connectedness as one family in Christ and work together to ensure our sisters and brothers worldwide can thrive. Visit crsricebowl.org/families to learn more.

On Shrove Tuesday, February 13th, there will be burning of the palms followed by a potluck dinner and dessert in the Sacred Heart parish hall at 5:30 PM. The Jesus and the Eucharist study will begin at 6:30 PM, following the potluck.

The Foundation for Human Civilization thanks all who contributed to the success of the Uganda Water Project. A status update can be found at <https://f4hc.org/index.php/projects/>

St. Elias Maronite Catholic Church in Roanoke, VA is having a St. Maron's Dinner on Saturday, February 10. For more information visit: <https://steliaschurch.org/wp/st-marons-dinner>

DAILY READINGS

Sun. Feb. 4	Job 7: 1-4, 6-7; Psalms 147: 1-2, 3-4, 5-6; 1 Corinthians 9: 16-19, 22-23; Matthew 8: 17; Mark 1: 29-39
Mon. Feb. 5	1 Kings 8: 1-7, 9-13; Psalms 132: 6-7, 8-10; Matthew 4: 23; Mark 6: 53-56
Tues. Feb. 6	1 Kings 8: 22-23, 27-30; Psalms 84: 3, 4, 5 and 10, 11; Psalms 119: 36, 29b; Mark 7: 1-13
Wed. Feb. 6	1 Kings 10: 1-10; Psalms 37: 5-6, 30-31, 39-40; John 17: 17b, 17a; Mark 7: 14-23
Thurs. Feb. 7	1 Kings 11: 4-13; Psalms 106: 3-4, 35-36, 37 and 40; James 1: 21bc; Mark 7: 24-30
Fri. Feb. 8	1 Kings 11: 29-32; 12: 19; Psalms 81: 10-11ab, 12-13, 14-15; Acts 16: 14b; Mark 7: 31-37
Sat. Feb. 9	1 Kings 12: 26-32; 13: 33-34; Psalms 106: 6-7ab, 19-20, 21-22; Matthew 4: 4b; Mark 8: 1-10
Sun. Feb. 10	Leviticus 13: 1-2, 44-46; Psalms 32: 1-2, 5, 11; 1 Corinthians 10: 31 – 11: 1; Luke 7: 16; Mark 1: 40-45

VOCATIONS

“Everyone is searching for You.” Is your search for the Lord is leading you to a vocation to the priesthood or consecrated life? Call Father Matthew Kiehle (804)359-5661 email: vocations @richmond diocese .org.



BE HUMBLE SERVANTS

Our readings today remind us that Christ came to serve. Jesus’ entire life was focused on others. He came to fulfill His Father’s mission — the salvation of mankind. He labored for this mission by becoming the humblest of servants. In today’s Gospel, Simon says to Jesus, “Everyone is looking for you.” Jesus did not seek after the praise. Rather, He responded by saying, “Let us go on to the nearby villages that I may preach there also.” Jesus was already looking to whom He could serve next.

As Christian stewards, we are also called to be humble servants who labor for our Father’s mission. We should strive to imitate the Perfect Steward, Who was constantly aware of the needs of those around Him and put His gifts to good use. For us, this begins right here in our home, parish, and community. We are called to live each moment in awareness of our Father’s mission and in gratitude for all He has given us.

Jesus tells us that the way to be attentive is through prayer. Before Jesus made the decision to go to the nearby villages to preach, He first went off to pray. It is through prayer that Jesus could hear what His Father was asking of Him. We, too, are called to spend time in daily prayer — we will then become aware of the opportunities to serve the Lord.

Let us commit to finding some quiet time this week to pray. Let us ask the Lord — how can I serve You better throughout my days? And let us pray, ‘Make me humble, Lord.’