



MAY 26, 2024
THE SOLEMNITY OF THE
MOST HOLY TRINITY

**CLUSTERED CATHOLIC PARISHES OF
THE ALLEGHANY HIGHLANDS**

SACRED HEART CHURCH

255 W. Main St (office - 214 W. Locust St.) Covington, VA 24426
540-962-6541 sacredheartcovington.org
Mass Schedule: Sunday 11:00 AM

ST. JOSEPH CHURCH

620 Jefferson Ave. Clifton Forge, VA 24422
540-863-5371 stjosephcf.org
Mass Schedule: Sunday 9:00 AM

SHRINE OF THE SACRED HEART

1499 Shady Ln. (P.O. Box 38) Hot Springs, VA 24445
540-839-2603 shrineofthesacredheartparish.org
Mass Schedule: Saturday 5:00 PM; Sunday 9:00 AM

Fr. Augustine Lukenge, Pastor

434-755-1208

Fr. Tom Collins, Retired Priest In-Residence

540-588-8492

Fr. Dan Kelly, Retired Priest In-Residence

434-270-6037

Sacrament of Reconciliation:

Confessions are available before each Mass at all churches.

Sacrament of Matrimony:

In order for a Catholic to enter a sacramentally valid marriage, he/she must respect and follow the Church's discipline regarding this sacrament. Call the parish office for specific information. Normally, about six months should be allowed to prepare for this sacred covenant. Parish registration is necessary.

Sacrament of Confirmation:

Students are required to be registered in the parish & be participating in the parish Rel. Ed. Program. Confirmation classes are separate and obligatory.

Sacrament of Baptism:

Parents are required to attend one Baptism preparation class (seminar). Baptism is celebrated within the weekend Mass. Call the parish offices for a seminar date.

Today's Gospel

"And behold, I am with you always, until the end of the age."

Matthew 28:16-20

CHURCH CONTACT INFORMATION

St. Joseph Parish 540-863-5371

Office Hours: Call for appointment

In Emergency	Fr. Lukenge	434-755-1208
Council Chair	Paul Cormier	540-968-6410
Vice Chair	Libby Burger	540-691-6618
Secretary	Mary Asma	540-965-5551
Worship	Paul Cormier	540-968-6410
Community Life	Kathy Smestad	540-862-5333
Justice & Peace	Mary Asma	540-965-5551
Grds & Maint.	Jimmy Withrow	540-494-3987

Sacred Heart Parish 540-962-6541

Office Hours: Call for appointment

In Emergency	Fr. Lukenge	434-755-1208
Council Chair	Laurie O'Doherty	703-282-9203
Vice Chair	Leo Mulcahy	540-862-3021
Secretary	DeDe Rogowski	540-962-7344
Worship	Tom O'Doherty	540-962-6795
Community Life	Alvina Nida	540-747-2211
Justice & Peace	John Stec	540-862-1917
Grds & Maint.	Ron Brunetti	540-962-1565
Religious Educ.	Dianne Garcia	540-691-4896
K of C Contact	Don Rogowski	540-962-7344

Shrine of the Sacred Heart Parish 540-839-2603

Office Hours: Call for appointment

In Emergency	Fr. Lukenge	434-755-1208
Council Chair	Herb Godschalk	540-255-3690
Vice Chair	Beth Eley	646-842-1555
Secretary	Sue Godschalk	540-255-2499
Worship	Eileen Judah	540-968-6409
Community Life	Deborah Lambert	540- 468-3438
Justice & Peace	Tom Misiak	540-997-1478
Grds & Maint.	Louis Pokrywka	540-925-2413
Organist	Dr. Leszek Fiutowski	304-456-5473



PLEASE PRAY FOR OUR
MILITARY MEN & WOMEN:

Sacred Heart – Arthur Headley, Jessie (Jesus) Morals, Joel Moscoso
St. Joseph –Joshua Crawford, Andy Shepard

PRAYER LIST

St. Joseph

Mark Asma, Clair Dilley, Tom Greenwood, Rita Luther, Sally Putnam, Carol Turner, Bob Umstead, Terry Windsor.

Sacred Heart

Pam Austin, Nola Beach, Josephine Brown, Mack Brown, Wanda Callaham, Robert Childs, Esther Ewing, Jay Ewing, Tony Forbes, Roberta Frampton, Mitchell Garcia, Paulino Gutierrez, April Headley, Arthur Headley, Raphael Lopez, Heidi Mulcahy, David Palance, Paul Perron, Shaun Perron, Pam Poole, Michael Rybka, Cathy Savage, Maureen Stec, Bill Withrow, Becky Woodson

Shrine of the Sacred Heart

Margo Oxendine, Molly Sasser, John W. Smith, Clarissa Westenburger

Diocese of Richmond Seminarian

Mr. Avention Grimes



WEEKLY DONATIONS BUDGETED NEEDS: \$1400.00

St. Joseph

Sunday Offertory \$1,425.00

Sacred Heart

Sunday Offertory \$1,011.00
 COPE Food Pantry 279.00

Shrine of the Sacred Heart

Sunday Offertory \$ 1,194.00

CALENDAR

WEEKDAY MASS SCHEDULE

St. Joseph - Tuesday and Thursday at 12Noon

Sacred Heart - Wednesday at 11:30AM followed by the Rosary.

Friday: Adoration and Benediction begin at 10:45AM followed by Mass at 12NOON.

First Friday Mass will be celebrated on Friday, June 7th, at 11AM followed by 8 hours of Adoration and Benediction at 8PM. There is a sign-up sheet for Adoration as you enter the church.

First Saturday Mass will be celebrated this Saturday, June 1st, beginning with the Rosary and Litany of Our Lady at 9AM followed by Mass at 9:30AM.

A TRINITY THOUGHT EXPERIMENT

No one except God can understand how there are three distinct persons in one God. We can, however, understand why it is important to us. Here is a theological thought experiment or analogy to explain the meaning of the Holy Trinity.

Imagine a fan with three blades. On each of the blades picture signs labeled "Father", "Son" and "Spirit." Suppose that the "Father" blade is on top. It represents the one life of God. The Father knows about the Son and loves him, so he gives his entire life to his Son. He does not divide his life, he gives it all. Imagine the "Son" blade turning to the top.

When the life is not in the Father and not yet in the Son, it has to be somewhere. It is in the Holy Spirit. (Remember that this is only an illustration of something far more complicated.) So the "Spirit" blade comes to the top of the fan.

Now how can the one life of God be in all three persons at the same time? Imagine turning on the fan. The blades spin so fast that it is impossible to see which is on top. You might say, from this example, that God is a dynamo of love, constantly sharing one life.

If the Father can give his life to two other persons, why not four or ten or a billion? If the Father wants to do this he can. The message of the Trinity is that he wants to do it. The Father wants to include you.

NOTICES

The Knights of Columbus invites all Knights, Parishioners, Families, and Friends to join in paying tribute to our Veterans at Mt. Carmel Catholic Cemetery on Memorial Day Monday 29th at 9:00am. We will place American Flags on Veteran graves and recite the Rosary.

The Feast of Corpus Christi will be celebrated on Sunday, June 2nd. The feast of Corpus Christi is one time when our Lord in the Blessed Sacrament is exposed not just to faithful Catholics but to all the world. This is a time when Catholics can show their love for Christ in the Real Presence by honoring Him in a very public way. It is also a wonderful way in which we can show our love for our neighbors by bringing Our Lord and Savior closer to them. Sacred Heart Covington will have its own Eucharistic Procession immediately following Mass on June 2nd. We will process around the block and conclude with a solemn blessing in the Church.

The Annual Lebanese Festival will be held from May 31-June 2nd at St. Elias Maronite Catholic Church, 4730 Cove Road NW, Roanoke Va. There will be delicious Lebanese food, Arabic music, dancers and tours of the church covering the rich history of Maronite Catholicism.

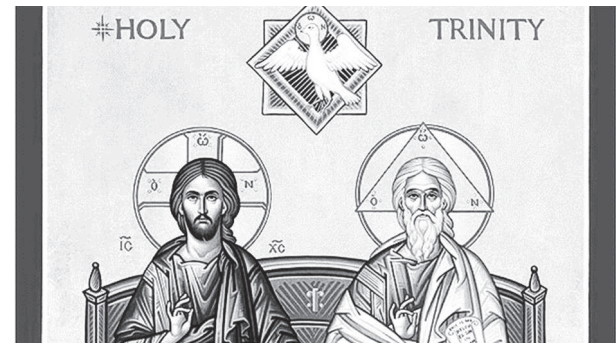
Join Catholics on the Amen app worldwide next week for the Novena to the Sacred Heart of Jesus. By opting in, you'll receive a daily reminder from May 29 to June 6, the solemnity of Sacred Heart of Jesus. Download the AMENapp to opt in. Amen is the free Catholic app that brings you beautiful prayers, faithful meditations and nourishing Scripture to draw your mind, body and soul to rest in God.

DAILY READINGS

Sun. May 26	Deuteronomy 4: 32-34, 39-40; Psalms 33: 4-5, 6, 9, 18-19, 20, 22; Romans 8: 14-17; Revelation 1: 8; Matthew 28: 16-20
Mon. May 27	1 Peter 1: 3-9; Psalms 111: 1-2, 5-6, 9, 10c; 2 Corinthians 8: 9; Mark 10: 17-27
Tues. May 28	1 Peter 1: 10-16; Psalms 98: 1, 2-3ab, 3cd-4; Matthew 11: 25; Mark 10: 28-31
Wed. May 29	1 Peter 1: 18-25; Psalms 147: 12-13, 14-15, 19-20; Mark 10: 45; Mark 10: 32-45
Thurs. May 30	1 Peter 2: 2-5, 9-12; Psalms 100: 2, 3, 4, 5; John 8: 12; Mark 10: 46-52
Fri. May 31	Zephaniah 3: 14-18a; Isaiah 12: 2-3, 4bcd, 5-6; Luke 1: 45; Luke 1: 39-56
Sat. June 1	Jude 1: 17, 20b-25; Psalms 63: 2, 3-4, 5-6; Colossians 3: 16a, 17c; Mark 11: 27-33
Sun. June 2	Exodus 24: 3-8; Psalms 116: 12-13, 15-16, 17-18; Hebrews 9: 11-15; John 6: 51; Mark 14: 12-16, 22-26

VOCATIONS

“We suffer with Him so that we may also be glorified with Him.” How are you being called to glorify the Lord in response to His love? Could God be inviting you to the priesthood or consecrated life? Father Matthew Kiehle (804)359-5661 email: vocations@richmond diocese .org.



THE MOST HOLY TRINITY

Today, we celebrate an essential doctrine of our Catholic faith — the Most Holy Trinity. It expresses God as three Divine Persons, unified in One Divine nature. It is a topic we could never exhaust nor fully understand until we see God face to face. Although it is incomprehensible, it is still deeply personal.

Our Second Reading, from St. Paul, expresses the relationship of the three Divine Persons — Father, Son and Holy Spirit. By our Baptism, we received the Holy Spirit becoming adopted children of God. It is by the grace of the Holy Spirit that we call God, “Abba, Father!” And it is with the Holy Spirit that we can unite all of our sufferings to Christ so that we might one day rise with Him.

Our relationship with God is right before us. As we became God’s adopted children, we received His endless grace. We can cry out to our Father in a moment of joy or sorrow, invite the Holy Spirit in to all that we do throughout our days, and suffer every hardship with Christ Himself. All we need to do is invoke His name in each moment.

As we celebrate this glorious Solemnity of the Most Holy Trinity, may we praise God in word and deed and may we seek moments to encounter the Father, Son and Holy Spirit each day — through Scripture, prayer, sacraments and blessings throughout our day, as Jesus tell us, “I am with you always, until the end of the age.”