



JUNE 30, 2024
THIRTEENTH SUNDAY
IN
ORDINARY TIME

**CLUSTERED CATHOLIC PARISHES OF
THE ALLEGHANY HIGHLANDS**

SACRED HEART CHURCH

255 W. Main St (office - 214 W. Locust St.) Covington, VA 24426
540-962-6541 sacredheartcovington.org
Mass Schedule: Sunday 11:00 AM

ST. JOSEPH CHURCH

620 Jefferson Ave. Clifton Forge, VA 24422
540-863-5371 stjosephcf.org
Mass Schedule: Sunday 9:00 AM

SHRINE OF THE SACRED HEART

1499 Shady Ln. (P.O. Box 38) Hot Springs, VA 24445
540-839-2603 shrineofthesacredheartparish.org
Mass Schedule: Saturday 5:00 PM; Sunday 9:00 AM

Fr. Augustine Lukenge, Pastor

434-755-1208

Fr. Tom Collins, Retired Priest In-Residence

540-588-8492

Fr. Dan Kelly, Retired Priest In-Residence

434-270-6037

Sacrament of Reconciliation:

Confessions are available before each Mass at all churches.

Sacrament of Matrimony:

In order for a Catholic to enter a sacramentally valid marriage, he/she must respect and follow the Church's discipline regarding this sacrament. Call the parish office for specific information. Normally, about six months should be allowed to prepare for this sacred covenant. Parish registration is necessary.

Sacrament of Confirmation:

Students are required to be registered in the parish & be participating in the parish Rel. Ed. Program. Confirmation classes are separate and obligatory.

Sacrament of Baptism:

Parents are required to attend one Baptism preparation class (seminar). Baptism is celebrated within the weekend Mass. Call the parish offices for a seminar date.

Today's Gospel

"Do not be afraid; just have faith."

Mark 5:21-43

CATHOLICS IN ALLEGHANY, BATH & HIGHLAND

CHURCH CONTACT INFORMATION

St. Joseph Parish 540-863-5371

Office Hours: Call for appointment

| | | |
|-----------------|---------------|--------------|
| In Emergency | Fr. Lukenge | 434-755-1208 |
| Council Chair | Paul Cormier | 540-968-6410 |
| Vice Chair | Libby Burger | 540-691-6618 |
| Secretary | Mary Asma | 540-965-5551 |
| Worship | Paul Cormier | 540-968-6410 |
| Community Life | Kathy Smestad | 540-862-5333 |
| Justice & Peace | Mary Asma | 540-965-5551 |
| Grds & Maint. | Jimmy Withrow | 540-494-3987 |

Sacred Heart Parish 540-962-6541

Office Hours: Call for appointment

| | | |
|-----------------|------------------|--------------|
| In Emergency | Fr. Lukenge | 434-755-1208 |
| Council Chair | Laurie O'Doherty | 703-282-9203 |
| Vice Chair | Leo Mulcahy | 540-862-3021 |
| Secretary | DeDe Rogowski | 540-962-7344 |
| Worship | Tom O'Doherty | 540-962-6795 |
| Community Life | Alvina Nida | 540-747-2211 |
| Justice & Peace | John Stec | 540-862-1917 |
| Grds & Maint. | Ron Brunetti | 540-962-1565 |
| Religious Educ. | Dianne Garcia | 540-691-4896 |
| K of C Contact | Don Rogowski | 540-962-7344 |

Shrine of the Sacred Heart Parish 540-839-2603

Office Hours: Call for appointment

| | | |
|-----------------|----------------------|--------------|
| In Emergency | Fr. Lukenge | 434-755-1208 |
| Council Chair | Herb Godschalk | 540-255-3690 |
| Vice Chair | Beth Eley | 646-842-1555 |
| Secretary | Sue Godschalk | 540-255-2499 |
| Worship | Eileen Judah | 540-968-6409 |
| Community Life | Deborah Lambert | 540-468-3438 |
| Justice & Peace | Tom Misiak | 540-997-1478 |
| Grds & Maint. | Louis Pokrywka | 540-925-2413 |
| Organist | Dr. Leszek Fiutowski | 304-456-5473 |



PLEASE PRAY FOR OUR
MILITARY MEN & WOMEN:

Sacred Heart – Arthur Headley, Jessie (Jesus) Morals, Joel Moscoso
St. Joseph –Joshua Crawford, Andy Shepard



PRAYER LIST

St. Joseph

Mark Asma, Clair Dilley, Tom Greenwood, Rita Luther, Sally Putnam, Carol Turner, Bob Umstead, Terry Windsor.

Sacred Heart

Pam Austin, Nola Beach, Josephine Brown, Mack Brown, Wanda Callaham, Robert Childs, Esther Ewing, Jay Ewing, Tony Forbes, Roberta Frampton, Mitchell Garcia, Paulino Gutierrez, April Headley, Arthur Headley, Raphael Lopez, Heidi Mulcahy, David Palance, Paul Perron, Shaun Perron, Pam Poole, Michael Rybka, Cathy Savage, Maureen Stec, Bill Withrow, Becky Woodson

Shrine of the Sacred Heart

Margo Oxendine,
Molly Sasser,
Clarissa Westenburger

Diocese of Richmond Seminarian

Mr. Aventon Grimes

WEEKLY DONATIONS BUDGETED NEEDS: \$1400.00

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|---------------------------------------|------------|
| St. Joseph | |
| Sunday Offertory | \$ |
| Sacred Heart | |
| Sunday Offertory | \$834.00 |
| 2 ND Collections | 383.00 |
| Shrine of the Sacred Heart | |
| Sunday Offertory | \$1,155.63 |

CALENDAR

WEEKDAY MASS SCHEDULE

St. Joseph - Tuesday and Thursday at 12Noon
Sacred Heart - Wednesday at 11:30AM followed by the Rosary.

Friday – Adoration and Benediction at 10:45AM followed by Mass at 12Noon.

Sacred Heart - First Friday beginning with Mass at 11am followed by 8 hours of Adoration. Benediction will be at 8PM; First Saturday Mass at 9AM beginning with the Rosary and Litany of Our Lady followed by Mass at 9:30AM.

What Will Your Legacy Be?

By creating a legal Will or Trust, you can provide your next-of-kin with a peace of mind, knowing that you have already determined how your estate will be distributed and who will care for minor children. They will still grieve, but they won't face the daunting task of making decisions that you could have made.

TOUCH HIS CLOTHES

As Jesus is going to Jairus' home a woman walks behind him in the crowd. She has been ill for a dozen years and thinks, "If I but touch his clothes, I shall be cured." Then she touches Jesus' cloak. This article of clothing is probably his "tallith" or prayer shawl. It is worn by every Orthodox Jew during prayer. It is traditionally a long sheet of cloth with tassels on each corner. It is a miniature of the Meeting Tent where Moses worshipped. In a sense it is a private "church" where one can retreat into prayer. The woman came into contact with the church of Jesus and gained healing. (Note the parallel between "tallith" [prayer shawl] and "talitha" [Jesus' word])

NOTICES

There will be a potluck to say goodbye to Fr. Lukenge at Sacred Heart today, in the parish hall following Mass. Join us as we wish our beloved pastor God Speed and God Bless. You are welcome to come even if you can't bring a dish.

St. Joseph will have a Brunch on Sunday, this morning following the 9:00 am Mass to honor and say goodbye to our Pastor, Fr. Augustine Lukenge, as he leaves for his new assignment as Pastor of Christ the King Church in Norfolk, Virginia on July 1st. Our newly assigned Administrator, Fr. Ernest Dugah, will arrive in Alleghany County on July 1st to take up his pastoral duties at our three clustered parishes."

Do you know someone who might be inquiring about the Catholic Faith or may want to become a Catholic? If yes, beginning in August that someone can start the process of learning more about the Catholic Faith with the possibility of becoming Catholic at the Easter Vigil 2025 (April 19, 2025). To learn more contact Don Rogowski at 540-962-7344 or Janice Campbell at 540-969-9073

The next Adult Faith Formation, Lectio: Mark: Faith Not Fear, walks through each chapter of the Gospel of Mark in his action-packed story. Sessions begin on Tuesday, August 20 @ 6:30 PM in Sacred Heart Parish Hall and continue each Tuesday until November 19 (14 sessions, each ~1 hour). If you would like a free Participant Guide (over 200 pages) , contact Don Rogowski @ 540-962-7344 or formed@sacredheartcovington.org by Monday, August 5. View the trailer at <https://vimeo.com/282582579>

DAILY READINGS

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|---------------|---|
| Sun. June 30 | Wisdom 1: 13-15; 2: 23-24; Psalms 30: 2, 4, 5-6, 11, 12, 13; 2 Corinthians 8: 7, 9, 13-15; 2 Timothy 1: 10; Mark 5: 21-43 |
| Mon. July 1 | Amos 2: 6-10, 13-16; Psalms 50: 16bc-17, 18-19, 20-21, 22-23; Psalms 95: 8; Matthew 8: 18-22 |
| Tues. July 2 | Amos 3: 1-8; 4: 11-12; Psalms 5: 4b-6, 7, 8; Psalms 130: 5; Matthew 8: 23-27 |
| Wed. July 3 | Ephesians 2: 19-22; Psalms 117: 1bc, 2; John 20: 29; John 20: 24-29 |
| Thurs. July 4 | Amos 7: 10-17; Psalms 19: 8, 9, 10, 11; 2 Corinthians 5: 19; Matthew 9: 1-8 |
| Fri. July 5 | Amos 8: 4-6, 9-12; Psalms 119: 2, 10, 20, 30, 40, 131; Matthew 11: 28; Matthew 9: 9-13 |
| Sat. July 6 | Amos 9: 11-15; Psalms 85: 9ab and 10, 11-12, 13-14; John 10: 27; Matthew 9: 14-17 |
| Sun. July 7 | Ezekiel 2: 2-5; Psalms 123: 1-2, 2, 3-4; 2 Corinthians 12: 7-10; Luke 4: 18; Mark 6: 1-6 |

VOCATIONS

"Do not be afraid; just have faith." Does your faith include being called to serve Jesus as a priest, deacon or in the consecrated life? Contact Father Matthew Kiehle (804)359-5661 email: vocations @richmond diocese .org.



DO NOT BE AFRAID

Our readings today remind us that our God is a tender and loving God.

In our Gospel, Jesus heals an ill child. An anxious and loving father sought after Jesus so that his daughter might be cured of her illness. As Jesus was traveling to heal her, they got word that the daughter had died. In that deeply painful moment, a moment no parent wants to experience, Jesus turned and said, "Do not be afraid; just have faith."

Recall a moment when you felt like you hit rock bottom. Maybe you received devastating news, someone died, you lost your job, you were fighting addiction, or you were suffering mentally, spiritually or physically. Maybe you are living that moment or maybe that moment is yet to come.

In that time, imagine Jesus looking at you and saying, "Do not be afraid; just have faith." Remember this verse. May it bring you peace and comfort. Recall that in our First Reading, God does not rejoice in our suffering and death. He rejoices in our faith and our trust in His glorious plan for our lives.

Whether we are healed like the little girl in our Gospel in this life, or we carry our suffering with us until we reach the next, if we remain faithful, Jesus will one day say to us, "Little girl or little boy, I say to you, arise!"

Today, let us reflect on how much our Good and Gracious God loves us. Remember that whatever we are suffering in this life, do not be afraid, God is right there with us.