



JULY 7, 2024
FOURTEENTH SUNDAY IN
ORDINARY TIME

**CLUSTERED CATHOLIC PARISHES OF
THE ALLEGHANY HIGHLANDS**

SACRED HEART CHURCH

255 W. Main St (office - 214 W. Locust St.) Covington, VA 24426
540-962-6541 sacredheartcovington.org
Mass Schedule: Sunday 11:00 AM

ST. JOSEPH CHURCH

620 Jefferson Ave. Clifton Forge, VA 24422
540-863-5371 stjosephcf.org
Mass Schedule: Sunday 9:00 AM

SHRINE OF THE SACRED HEART

1499 Shady Ln. (P.O. Box 38) Hot Springs, VA 24445
540-839-2603 shrineofthesacredheartparish.org
Mass Schedule: Saturday 5:00 PM; Sunday 9:00 AM

Fr. Ernest Dugah, Administrator
804-914-4977

Fr. Tom Collins, Retired Priest In-Residence
540-588-8492

Fr. Dan Kelly, Retired Priest In-Residence
434-270-6037

Sacrament of Reconciliation:

Confessions are available before each Mass at all churches.

Sacrament of Matrimony:

In order for a Catholic to enter a sacramentally valid marriage, he/she must respect and follow the Church's discipline regarding this sacrament. Call the parish office for specific information. Normally, about six months should be allowed to prepare for this sacred covenant. Parish registration is necessary.

Sacrament of Confirmation:

Students are required to be registered in the parish & be participating in the parish Rel. Ed. Program. Confirmation classes are separate and obligatory.

Sacrament of Baptism:

Parents are required to attend one Baptism preparation class (seminar). Baptism is celebrated within the weekend Mass. Call the parish offices for a seminar date.

Today's Gospel

*"A prophet is not without honor except in his native place
and among his own kin and in his own house."*

Mark 6:1-6

CHURCH CONTACT INFORMATION

St. Joseph Parish 540-863-5371

Office Hours: Call for appointment

In Emergency	Fr. Lukenge	434-755-1208
Council Chair	Paul Cormier	540-968-6410
Vice Chair	Libby Burger	540-691-6618
Secretary	Mary Asma	540-965-5551
Worship	Paul Cormier	540-968-6410
Community Life	Kathy Smestad	540-862-5333
Justice & Peace	Mary Asma	540-965-5551
Grds & Maint.	Jimmy Withrow	540-494-3987

Sacred Heart Parish 540-962-6541

Office Hours: Call for appointment

In Emergency	Fr. Lukenge	434-755-1208
Council Chair	Laurie O'Doherty	703-282-9203
Vice Chair	Leo Mulcahy	540-862-3021
Secretary	DeDe Rogowski	540-962-7344
Worship	Tom O'Doherty	540-962-6795
Community Life	Alvina Nida	540-747-2211
Justice & Peace	John Stec	540-862-1917
Grds & Maint.	Ron Brunetti	540-962-1565
Religious Educ.	Dianne Garcia	540-691-4896
K of C Contact	Don Rogowski	540-962-7344

Shrine of the Sacred Heart Parish 540-839-2603

Office Hours: Call for appointment

In Emergency	Fr. Lukenge	434-755-1208
Council Chair	Herb Godschalk	540-255-3690
Vice Chair	Beth Eley	646-842-1555
Secretary	Sue Godschalk	540-255-2499
Worship	Eileen Judah	540-968-6409
Community Life	Deborah Lambert	540-468-3438
Justice & Peace	Tom Misiak	540-997-1478
Grds & Maint.	Louis Pokrywka	540-925-2413
Organist	Dr. Leszek Fiutowski	304-456-5473



PLEASE PRAY FOR OUR
MILITARY MEN & WOMEN:

Sacred Heart – Arthur Headley, Jessie (Jesus) Morals, Joel Moscoso
St. Joseph –Joshua Crawford, Andy Shepard



PRAYER LIST

St. Joseph

Mark Asma, Clair Dilley, Tom Greenwood, Rita Luther, Sally Putnam, Carol Turner, Bob Umstead, Terry Windsor.

Sacred Heart

Pam Austin, Josephine Brown, Mack Brown, Wanda Callaham, Robert Childs, Esther Ewing, Jay Ewing, Tony Forbes, Roberta Frampton, Mitchell Garcia, Paulino Gutierrez, April Headley, Arthur Headley, Raphael Lopez, Sandra Minter, Heidi Mulcahy, David Palance, Paul Perron, Shaun Perron, Pam Poole, Michael Rybka, Cathy Savage, Maureen Stec, Bill Withrow, Becky Woodson

Shrine of the Sacred Heart

Margo Oxendine, Molly Sasser, Clarissa Westenburger

Diocese of Richmond Seminarian

Mr. Aventon Grimes

WEEKLY DONATIONS BUDGETED NEEDS: \$1400.00

St. Joseph

Sunday Offertory	\$820.00
Peter's Pence	230.00

Sacred Heart

Sunday Offertory	\$1,552.00
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Shrine of the Sacred Heart

Sunday Offertory	\$1,007.75
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CALENDAR

WEEKDAY MASS SCHEDULE

St. Joseph - Tuesday and Thursday at 12Noon
Sacred Heart - Wednesday at 11:30AM followed by
the Rosary.

Friday – Adoration and Benediction at 10:45AM
followed by Mass at 12Noon.

Sacred Heart - First Friday beginning with Mass at
11am followed by 8 hours of Adoration. Benediction
will be at 8PM; First Saturday Mass at 9AM beginning
with the Rosary and Litany of Our Lady followed by
Mass at 9:30AM.

THANK YOU FROM FR. LUKENGE

I wish to thank all of you the people of God at Sacred Heart, St. Joseph, and the Shrine of the Sacred Heart, for the warm farewell. Thank you for the special petition for me at Mass, for the delicious potluck lunch, and for the generous envelope of monetary gifts from the parishioners, and for the cards with kind words of farewell and good wishes. I am and will ever be grateful for your generous love and support to me during the six years as your priest. May God bless each and every one of you. Again, thank you so very much!

Fr. Augustine Lukenge

Christ the King Catholic Church
1803 Columbia Ave
Norfolk, VA 23509

Rectory:
1804 Ashland Ave
Norfolk, VA 23509

NOTICES

There will be a Sacred Heart Pastoral and Finance council meeting on Thursday, July 11, at 5:30PM In the parish hall.

Do you know someone who might be inquiring about the Catholic Faith or may want to become a Catholic? If yes, beginning in August that someone can start the process of learning more about the Catholic Faith with the possibility of becoming Catholic at the Easter Vigil 2025 (April 19, 2025). To learn more contact Don Rogowski at 540-962-7344 or Janice Campbell at 540-969-9073

The next Adult Faith Formation, Lectio: Mark: Faith Not Fear, walks through each chapter of the Gospel of Mark in his action-packed story. Sessions begin on Tuesday, August 20 @ 6:30 PM in Sacred Heart Parish Hall and continue each Tuesday until November 19 (14 sessions, each ~1 hour). If you would like a free Participant Guide (over 200 pages) , contact Don Rogowski @ 540-962-7344 or formed@sacredheartcovington.org by Monday, August 5. View the trailer at <https://vimeo.com/282582579>

Please note that remote participation will be available via FaceTime. An Apple device is not required to utilize FaceTime

Due to the generosity of parishioners at Sacred Heart and St. Joseph supporting the Sacred Heart-St. Joseph Knights of Columbus baby bottle campaign for ComfortCare Women's Health during January/February 2024, the Supreme Knights of Columbus is providing an additional \$400 to ComfortCare. Thank you baby bottle campaign supporters!

DAILY READINGS

Sun. July 7	Ezekiel 2: 2-5; Psalms 123: 1-2, 2, 3-4; 2 Corinthians 12: 7-10; Luke 4: 18; Mark 6: 1-6
Mon. July 8	Hosea 2: 16, 17c-18, 21-22; Psalms 145: 2-3, 4-5, 6-7, 8-9; 2 Timothy 1: 10; Matthew 9: 18-26
Tues. July 9	Hosea 8: 4-7, 11-13; Psalms 115: 3-4, 5-6, 7ab-8, 9-10; John 10: 14; Matthew 9: 32-38
Wed. July 10	Hosea 10: 1-3, 7-8, 12; Psalms 105: 2-3, 4-5, 6-7; Mark 1: 15; Matthew 10: 1-7
Thurs. July 11	Hosea 11: 1-4, 8c-9; Psalms 80: 2ac and 3b, 15-16; Mark 1: 15; Matthew 10: 7-15
Fri. July 12	Hosea 14: 2-10; Psalms 51: 3-4, 8-9, 12-13, 14 and 17; John 16: 13a; 14: 26d; Matthew 10: 16-23
Sat. July 13	Isaiah 6: 1-8; Psalms 93: 1ab, 1cd-2, 5; 1 Peter 4: 14; Matthew 10: 24-33
Sun. July 14	Amos 7: 12-15; Psalms 85: 9-10, 11-12, 13-14; Ephesians 1: 3-14; Ephesians 1: 17-18; Mark 6: 7-13

VOCATIONS

"My grace is sufficient for you, for power is made perfect in weakness." If you think you may be called to serve Jesus as a priest, deacon or in the consecrated life, consider the power of His grace at work in you. Contact Father Matthew Kiehle (804)359-5661 email: vocations @richmond diocese .org.



GOD HAS A PLAN

Our readings today remind us that, even in our weakest and toughest moments, God has a plan. In our Second Reading, St. Paul describes a "thorn" that had been given to him. He believed this thorn to be the thing that kept him grounded as he said, "to beat me, to keep me from being too elated."

At first, he asked the Lord to remove this cross, but the Lord replied, "My grace is sufficient for you, for power is made perfect in weakness." Through this explanation, St. Paul resolved to believe, "I am content with weaknesses, insults, hardships, persecutions and constraints, for the sake of Christ; for when I am weak, then I am strong."

We all bear crosses in this life, whether they seem to be little thorns or sharp daggers. The easiest thing to do, as St. Paul did, is to pray for the cross to be taken. It would be great if all of our struggles just magically faded away! But listen to the Lord's words, "My grace is sufficient for you, for power is made perfect in weakness."

Stop and reflect on your cross. Instead of wishing it to go away, look at it as an opportunity to grow and to allow God to work in your life. God permitted this cross in your life for a reason. Do not let the opportunity for Christ to work on your heart pass you by.

Today, recall that God loves us more than we could ever imagine. There is not a moment that goes by that He does not have us in mind. He has a specific plan for our lives. Therefore, may we encounter life's challenges with confidence in Christ.