



JULY 28, 2024  
SEVENTEENTH SUNDAY IN  
ORDINARY TIME

**CLUSTERED CATHOLIC PARISHES OF  
THE ALLEGHANY HIGHLANDS**

**SACRED HEART CHURCH**

255 W. Main St (office - 214 W. Locust St.) Covington, VA 24426  
540-962-6541 [sacredheartcovington.org](http://sacredheartcovington.org)  
Mass Schedule: Sunday 11:00 AM

**ST. JOSEPH CHURCH**

620 Jefferson Ave. Clifton Forge, VA 24422  
540-863-5371 [stjosephcf.org](http://stjosephcf.org)  
Mass Schedule: Sunday 9:00 AM

**SHRINE OF THE SACRED HEART**

1499 Shady Ln. (P.O. Box 38) Hot Springs, VA 24445  
540-839-2603 [shrineofthesacredheartparish.org](http://shrineofthesacredheartparish.org)  
Mass Schedule: Saturday 5:00 PM; Sunday 9:00 AM

**Fr. Ernest Dugah, Administrator**  
804-914-4977

**Fr. Tom Collins, Retired Priest In-Residence**  
540-588-8492

**Fr. Dan Kelly, Retired Priest In-Residence**  
434-270-6037

**Sacrament of Reconciliation:**

Confessions are available before each Mass at all churches.

**Sacrament of Matrimony:**

In order for a Catholic to enter a sacramentally valid marriage, he/she must respect and follow the Church's discipline regarding this sacrament. Call the parish office for specific information. Normally, about six months should be allowed to prepare for this sacred covenant. Parish registration is necessary.

**Sacrament of Confirmation:**

Students are required to be registered in the parish & be participating in the parish Rel. Ed. Program. Confirmation classes are separate and obligatory.

**Sacrament of Baptism:**

Parents are required to attend one Baptism preparation class (seminar). Baptism is celebrated within the weekend Mass. Call the parish offices for a seminar date.

**Today's Gospel**

*"This is truly the Prophet, the one who is to come into the world."*  
**John 6:1-15**

## CHURCH CONTACT INFORMATION

**St. Joseph Parish 540-863-5371**

Office Hours: Call for appointment

In Emergency	Fr. Dugah	804-914-4977
Council Chair	Paul Cormier	540-968-6410
Vice Chair	Libby Burger	540-691-6618
Secretary	Mary Asma	540-965-5551
Worship	Paul Cormier	540-968-6410
Community Life	Kathy Smestad	540-862-5333
Justice & Peace	Mary Asma	540-965-5551
Grds & Maint.	Jimmy Withrow	540-494-3987

**Sacred Heart Parish 540-962-6541**

Office Hours: Call for appointment

In Emergency	Fr. Dugah	804-914-4977
Council Chair	Laurie O'Doherty	703-282-9203
Vice Chair	Leo Mulcahy	540-862-3021
Secretary	DeDe Rogowski	540-962-7344
Worship	Tom O'Doherty	540-962-6795
Community Life	Alvina Nida	540-747-2211
Justice & Peace	John Stec	540-862-1917
Grds & Maint.	Ron Brunetti	540-962-1565
Religious Educ.	Dianne Garcia	540-691-4896
K of C Contact	Don Rogowski	540-962-7344

**Shrine of the Sacred Heart Parish 540-839-2603**

Office Hours: Call for appointment

In Emergency	Fr. Dugah	804-914-4977
Council Chair	Herb Godschalk	540-255-3690
Vice Chair	Beth Eley	646-842-1555
Secretary	Sue Godschalk	540-255-2499
Worship	Eileen Judah	540-968-6409
Community Life	Deborah Lambert	540- 468-3438
Justice & Peace	Tom Misiak	540-997-1478
Grds & Maint.	Louis Pokrywka	540-925-2413
Organist	Dr. Leszek Fiutowski	304-456-5473



PLEASE PRAY FOR OUR  
MILITARY MEN & WOMEN:

**Sacred Heart** – Arthur Headley, Jessie (Jesus) Morals, Joel Moscoso  
**St. Joseph** –Joshua Crawford, Andy Shepard

## PRAYER LIST

**St. Joseph**

Mark Asma, Clair Dilley, Tom Greenwood, Rita Luther, Sally Putnam, Carol Turner, Bob Umstead, Terry Windsor.

**Sacred Heart**

Pam Austin, Josephine Brown, Mack Brown, Wanda Callaham, Robert Childs, Esther Ewing, Jay Ewing, Tony Forbes, Roberta Frampton, Mitchell Garcia, Paulino Gutierrez, April Headley, Arthur Headley, Raphael Lopez, Sandra Minter, Heidi Mulcahy, David Palance, Paul Perron, Shaun Perron, Pam Poole, Michael Rybka, Cathy Savage, Maureen Stec, Bill Withrow, Becky Woodson

**Shrine of the Sacred Heart**

Margo Oxendine, Molly Sasser, Clarissa Westenburger

**Diocese of Richmond Seminarian**

Mr. Aventon Grimes



## WEEKLY DONATIONS

**BUDGETED NEEDS: \$1400.00**

<b>St. Joseph</b>	
Sunday Offertory	\$
<b>Sacred Heart</b>	
Sunday Offertory	\$1,445.00
COPE Food Pantry	394.00
<b>Shrine of the Sacred Heart</b>	
Sunday Offertory	\$1,136.63

## CALENDAR

### WEEKDAY MASS SCHEDULE

St. Joseph - Tuesday and Thursday at 12Noon  
Sacred Heart - Wednesday at 11:30AM followed by the Rosary.

-First Friday beginning with Mass at 11am followed by 8 hours of Adoration. Benediction will be at 8PM; There is a sign-up sheet for adoration as you enter the church. First Saturday: 9AM Rosary and Litany of Our Lady followed by Mass at 9:30AM.

## NOTICES

The first Saturday Mass at Sacred Heart on August 3 will be a Knights of Columbus quarterly Mass. All Mass attendees are invited to a free breakfast of biscuits, scrambled eggs, sausage, coffee, milk, and orange juice in the Parish Hall following Mass.

The Knights of Columbus Sacred Heart/St. Joseph Council #17457 will be participating in a fundraising effort, known as KOVAR, to support the intellectually and physically challenged adults in the state of Virginia. The fundraiser will take place in front of the ABC store near Walmart on Friday August the second, and Saturday August the third.

In the last ten years, about \$65,000, from KOVAR collections, has been used in the Alleghany Highlands to assist with transportation and assisted living needs for intellectually disabled and handicapped persons, particularly in group homes.

Fellow Knights are being asked to help man the fundraising display table for one hour time slots between 10 a.m. and 8 p.m., on that Friday or Saturday. Please see John Stec (862-1917 - listed also in the bulletin) if you can help with this worthy cause. If you are not a Knight and you happen to be in the vicinity of Walmart or the ABC store, on August 2nd or 3rd, please consider making a donation at the ABC store KOVAR display.

## NOTICES

Sacred Heart is responsible for Meals on Wheels August 12-16, 2024. There is a sign-up sheet as you enter the church.

There will be a covered dish luncheon to welcome Fr. Dugah on Sunday, August 18, in the Sacred Heart parish hall following mass. Please bring a dish of your choice and join us in welcoming Fr. Dugah to our Tri-Parishes. You are welcome to come even if you can't bring a dish.

The Tri-Parish Picnic will be on Sunday, September 15, at Douthat State Park. The picnic is hosted by St. Joseph this year. St. Joseph will be grilling hot dogs and hamburgers and will provide the beverages. Sacred Heart parishioners are asked to bring side dishes. Shrine of the Sacred Heart parishioners are asked to bring desserts. Food will be served starting at 2PM but all are welcome to come early for fellowship. More information to come.

The next Adult Faith Formation, Lectio: Mark: Faith Not Fear, walks through each chapter of the Gospel of Mark in his action-packed story. Sessions begin on Tuesday, August 20 @ 6:30 PM in Sacred Heart Parish Hall and continue each Tuesday until November 19 (14 sessions, each ~1 hour). If you would like a free Participant Guide (over 200 pages), contact Don Rogowski @ 540-962-7344 or [formed@sacredheartcovington.org](mailto:formed@sacredheartcovington.org) by Monday, August 5. View the trailer at <https://vimeo.com/282582579>

Please note that remote participation will be available via FaceTime. An Apple device is not required to utilize FaceTime

The Shrine of the Sacred Heart Finance Committee and Parish Council meeting will be held Sunday, August 4, in the Parish Rectory immediately following the 9:00 a.m. Mass.

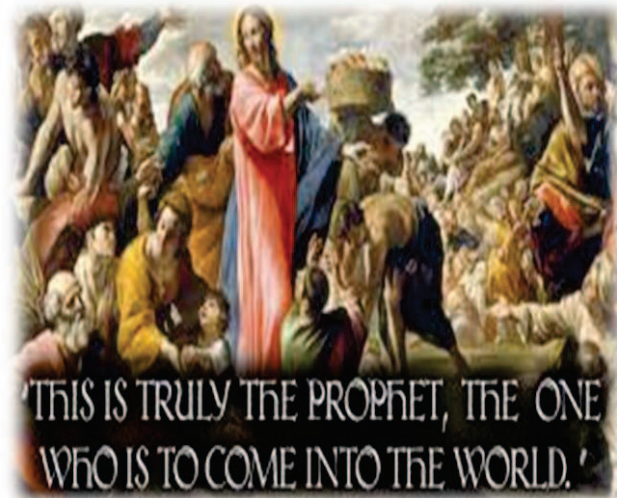
All parishioners are invited to attend.

## DAILY READINGS

Sun. July 28	2 Kings 4: 42-44; Psalms 145: 10-11, 15-16, 17-18; Ephesians 4: 1-6; Luke 7: 16; John 6: 1-15
Mon. July 29	Jeremiah 13: 1-11; Deuteronomy 32: 18-19, 20, 21; John 8: 12; John 11: 19-27
Tues. July 30	Jeremiah 14: 17-22; Psalms 79: 8, 9, 11 and 13; Matthew 13: 36-43
Wed. July 31	Jeremiah 15: 10, 16-21; Psalms 59: 2-3, 4, 10-11, 17, 18; John 15: 15b; Matthew 13: 44-46
Thurs. Aug. 1	Jeremiah 18: 1-6; Psalms 146: 1b-2, 3-4, 5-6ab; Acts 16: 14b; Matthew 13: 47-53
Fri. Aug. 2	Jeremiah 26: 1-9; Psalms 69: 5, 8-10, 14; 1 Peter 1: 25; Matthew 13: 54-58
Sat. Aug. 3	Jeremiah 26: 11-16, 24; Psalms 69: 15-16, 30-31, 33-34; Matthew 5: 10; Matthew 14: 1-12
Sun. Aug. 4	Exodus 16: 2-4, 12-15; Psalms 78: 3-4, 23-24, 25, 54; Ephesians 4: 17, 20-24; Matthew 4: 4b; John 6: 24-35

## VOCATIONS

“Lead a life worthy of the calling to which you have been called, with all humility and gentleness.” Have you considered a vocation to the priesthood or the consecrated life? Contact Father Matthew Kiehle (804)359-5661 email: vocations @richmond diocese .org.



## ENTRUST ALL YOU HAVE TO GOD

The servant and the little boy in our readings today are excellent examples for us as Christian stewards. The servant gave the very best of what he had, and the boy gave all that he had, then God did the rest.

A key component of living as a good steward is constantly evaluating our lives, particularly our relationship with God to ensure we are not just scraping by but rather giving God our entire lives. We should ask ourselves — ‘how am I giving God my time, using my talents, and sharing my treasures?’

We are called to give God adequate time each day. If we don’t plan for this time, likely, He won’t get any. We need to find what works best for us so that God can become a more significant part of our daily lives. We are also called to put our gifts and talents to good use too. The servant and the boy teach us that it is not up to us to decide how our gifts will affect others. God will do that. All we need to do is to give it well.

Lastly, the servant reminds us that we are called to give the first fruits of our treasures. It is easy to give something; it is difficult to give the finest gift. Giving our best requires us to reevaluate our priorities in life.

When we strive to live out our call as Christian stewards by entrusting all that we have been given to the One who graciously gave us these gifts, we will be blessed beyond measure. As we begin a new week, let us spend some time evaluating our relationship with God by asking, ‘what is my very best, and am I giving it to God?’