

AUGUST 25, 2024  
Twenty-First SUNDAY IN ORDINARY TIME

**CLUSTERED CATHOLIC PARISHES OF  
THE ALLEGHANY HIGHLANDS**

**SACRED HEART CHURCH**

255 W. Main St (office - 214 W. Locust St.) Covington, VA 24426  
540-962-6541 [sacredheartcovington.org](http://sacredheartcovington.org)  
Mass Schedule: Sunday 11:00 AM

**ST. JOSEPH CHURCH**

620 Jefferson Ave. Clifton Forge, VA 24422  
540-863-5371 [stjosephcf.org](http://stjosephcf.org)  
Mass Schedule: Sunday 9:00 AM

**SHRINE OF THE SACRED HEART**

1499 Shady Ln. (P.O. Box 38) Hot Springs, VA 24445  
540-839-2603 [shrineofthesacredheartparish.org](http://shrineofthesacredheartparish.org)  
Mass Schedule: Saturday 5:00 PM; Sunday 9:00 AM

**Fr. Ernest Dugah, Administrator**  
804-914-4977

**Fr. Tom Collins, Retired Priest In-Residence**  
540-588-8492

**Fr. Dan Kelly, Retired Priest In-Residence**  
434-270-6037

**Sacrament of Reconciliation:**

Confessions are available before each Mass at all churches.

**Sacrament of Matrimony:**

In order for a Catholic to enter a sacramentally valid marriage, he/she must respect and follow the Church's discipline regarding this sacrament. Call the parish office for specific information. Normally, about six months should be allowed to prepare for this sacred covenant. Parish registration is necessary.

**Sacrament of Confirmation:**

Students are required to be registered in the parish & be participating in the parish Rel. Ed. Program. Confirmation classes are separate and obligatory.

**Sacrament of Baptism:**

Parents are required to attend one Baptism preparation class (seminar). Baptism is celebrated within the weekend Mass. Call the parish offices for a seminar date.



**Mt Carmel Catholic Cemetery**  
Low Moor, Virginia  
Contact: Mr. Carl Withrow (540) 968-3267

## CHURCH CONTACT INFORMATION

### St. Joseph Parish 540-863-5371

Office Hours: Call for appointment

In Emergency	Fr. Dugah	804-914-4977
Council Chair	Paul Cormier	540-968-6410
Vice Chair	Libby Burger	540-691-6618
Secretary	Mary Asma	540-965-5551
Worship	Paul Cormier	540-968-6410
Community Life	Kathy Smestad	540-862-5333
Justice & Peace	Mary Asma	540-965-5551
Grds & Maint.	Jimmy Withrow	540-494-3987

### Sacred Heart Parish 540-962-6541

Office Hours: Call for appointment

In Emergency	Fr. Dugah	804-914-4977
Council Chair	Laurie O'Doherty	703-282-9203
Vice Chair	Leo Mulcahy	540-862-3021
Secretary	DeDe Rogowski	540-962-7344
Worship	Tom O'Doherty	540-962-6795
Community Life	Alvina Nida	540-747-2211
Justice & Peace	John Stec	540-862-1917
Grds & Maint.	Ron Brunetti	540-962-1565
Religious Educ.	Dianne Garcia	540-691-4896
K of C Contact	Don Rogowski	540-962-7344

### Shrine of the Sacred Heart Parish 540-839-2603

Office Hours: Call for appointment

In Emergency	Fr. Dugah	804-914-4977
Council Chair	Herb Godschalk	540-255-3690
Vice Chair	Beth Eley	646-842-1555
Secretary	Sue Godschalk	540-255-2499
Worship	Eileen Judah	540-968-6409
Community Life	Deborah Lambert	540-468-3438
Justice & Peace	Tom Misiak	540-997-1478
Grds & Maint.	Louis Pokrywka	540-925-2413
Organist	Dr. Leszek Fiutowski	304-456-5473



PLEASE PRAY FOR OUR  
MILITARY MEN & WOMEN:

Sacred Heart – Arthur Headley, Jessie (Jesus) Morals, Joel Moscoso  
St. Joseph –Joshua Crawford, Andy Shepard



### St. Joseph

Mark Asma, Clair Dilley, Tom Greenwood, Rita Luther, Sally Putnam, Carol Turner, Bob Umstead, Terry Windsor.

### Sacred Heart

Pam Austin, Debbie Brokaw, Josephine Brown, Mack Brown, Wanda Callaham, Robert Childs, Esther Ewing, Jay Ewing, Tony Forbes, Roberta Frampton, Mitchell Garcia, Erin Gutierrez, Paulino Gutierrez, April Headley, Arthur Headley, Raphael Lopez, Sandra Minter, Heidi Mulcahy, David Palance, Paul Perron, Shaun Perron, Pam Poole, Michael Rybka, Cathy Savage, Maureen Stec, Bill Withrow, Becky Woodson

### Shrine of the Sacred Heart

Margo Oxendine, Molly Sasser, Clarissa Westenburger

### Diocese of Richmond Seminarian

Mr. Aventon Grimes

## WEEKLY DONATIONS BUDGETED NEEDS: \$1400.00

### St. Joseph

Sunday Offertory	\$
Special Collection	

### Sacred Heart

Sunday Offertory	\$1,010.00
COPE Food Pantry	295.00
Votive	46.00

### Shrine of the Sacred Heart

Sunday Offertory	\$1,752.63
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## CALENDAR

### WEEKDAY MASS SCHEDULE

St. Joseph - Thursday at 12Noon

Sacred Heart - Wednesday at 11:30AM followed by the Rosary. -Friday, Adoration and Benediction at 10:45AM followed by Mass at 12Noon

There will be no Tuesday Mass at St. Joseph this week. Both Fr. Dugah and Fr. Collins will be at training so there will be no priest available in our Tri-Parishes.

First Friday at Sacred Heart beginning with Mass at 11am followed by 8 hours of Adoration. Benediction will be at 8PM; First Saturday: 9AM Rosary and Litany of Our Lady followed by Mass at 9:30AM.

## NOTICES

The Tri-Parish Picnic will be on Sunday, September 15, at the Malone picnic shelter at Douthat State Park. The picnic is hosted by St. Joseph this year. St. Joseph will be grilling hot dogs and hamburgers and will provide the beverages. Sacred Heart parishioners are asked to bring side dishes. Shrine of the Sacred Heart parishioners are asked to bring desserts. Food will be served starting at 2PM but all are welcome to come early for fellowship. St. Joseph will need an approximate head count from each church in order to provide enough hamburgers and hot dogs. Sacred Heart and the Shrine are to call Earleen Withrow, 540-959-9567, by September 8 with the number of attendees from their respective parishes.

St. Joseph's weekly Bible Study will start again beginning Tuesday, September 10, immediately following the noon mass. The group will meet in the parish hall and participants are asked to bring a bag lunch. Coffee, tea and water will be provided. Parishioners from all three parishes are invited to attend. The daily mass readings and commentaries from The Word Among Us are used for the study. If you plan to attend, please contact Libby Burger (540-691-6618) so a booklet will be available for everyone.

## DO YOU ALSO WANT TO LEAVE?

When we hear Jesus' invitation to "eat his flesh" we immediately think of holy communion. His contemporaries didn't have this luxury. The idea only meant one thing to many of them: Cannibalism. The reaction was swift. People abandoned Jesus in droves. No one bothered to ask for an explanation. The apostles couldn't comprehend, but stayed. What would you have done?

## DECIDE TODAY

After Moses died, his aide Joshua led the Israelites into Palestine. Shortly before the end of his career he called them together in a narrow valley. Jesus would later convert a Samaritan woman here. Joshua challenged them to make a renewal of their contract with God. This would become an annual ceremony. We still do this on Easter.

## *What Will Your Legacy Be?*

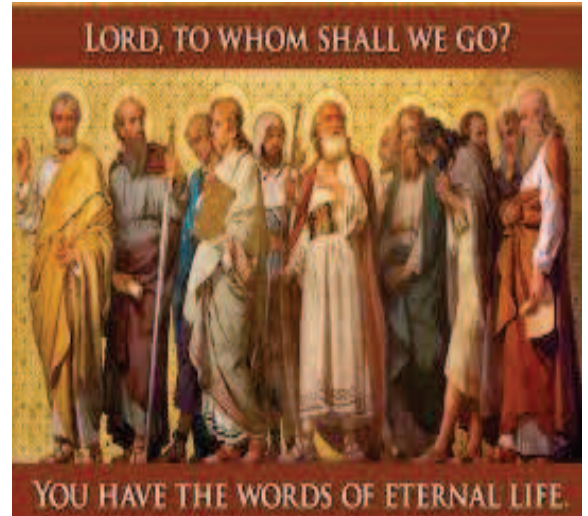
A Will provides an excellent opportunity to remember our congregation. A gift to the church through your Will serves as a testament to your heirs of your faith in God and the resurrection. It provides you with one last opportunity to exemplify what it means to be a good steward, providing for others as God has provided for you during your lifetime. What a blessing you can be to future generations!

## DAILY READINGS

Sun. Aug. 25	Joshua 24: 1-2a, 15-17, 18b; Psalms 34: 2-3, 16-17, 18-19, 20-21, 22-23; Ephesians 5: 21-32; John 6: 63c, 68c; John 6: 60-69
Mon. Aug. 26	2 Thessalonians 1: 1-5, 11-12; Psalms 96: 1-2a, 2b-3, 4-5; John 10: 27; Matthew 23: 13-22
Tues. Aug. 27	2 Thessalonians 2: 1-3a, 14-17; Psalms 96: 10, 11-12, 13; Hebrews 4: 12; Matthew 23: 23-26
Wed. Aug. 28	2 Thessalonians 3: 6-10, 16-18; Psalms 128: 1-2, 4-5; 1 John 2: 5; Matthew 23: 27-32
Thurs. Aug. 29	1 Corinthians 1: 1-9; Psalms 145: 2-3, 4-5, 6-7; Matthew 5: 10; Mark 6: 17-29
Fri. Aug. 30	1 Corinthians 1: 17-25; Psalms 33: 1-2, 4-5, 10-11; Luke 21: 36; Matthew 25: 1-13
Sat. Aug. 31	1 Corinthians 1: 26-31; Psalms 33: 12-13, 18-19, 20-21; John 13: 34; Matthew 25: 14-30
Sun. Sept. 1	Deuteronomy 4: 1-2, 6-8; Psalms 15: 2-3, 3-4, 4-5; James 1: 17-18, 21b-22, 27; James 1: 18; Mark 7: 1-8, 14-15, 21-23

## VOCATIONS

“Choose this day whom you will serve.” Consider as well how you are being called to serve the Lord! If you are discerning a vocation to the priesthood or consecrated life. Contact Father Matthew Kiehle (804)359-5661 email: vocations @richmond diocese .org.



## SERVE THE LORD

Our readings offer us examples of how we should be living, and they present us with an opportunity to make a radical change in our lives.

In our first reading, Joshua tells the leaders of the Israelites to decide as to who they shall serve in this life. As he presents them with this choice, he boldly states, “As for me and my household, we will serve the Lord.” Who or what does your household serve? Whether you are a household of one or twelve, now is the time to decide, ‘will we serve the Lord?’ We are constantly bombarded with endless distractions around us. It can be very easy to serve other ‘gods’ in our lives. For instance, putting technology (phone, internet, TV), kids’ extracurricular activities, our jobs, or our social lives before the Lord. We also might be putting these things above our loved ones, and if we are doing that, then we are putting them above our relationship with God.

With this in mind, we must strive each day to intentionally live as disciples of Christ. It starts with commitment — incorporating personal daily prayer and increasing that prayer week by week, incorporating prayer into our marriages and families, frequenting the sacraments, and serving others. Through this time with the Lord and service to those around us, He will reveal to us where to go next. Reflect on how you may not be putting God first in your life and decide to respond like the Israelites, “Far be it from us to forsake the Lord for the service of other gods... Therefore we also will serve the Lord, for he is our God.”