



SEPTEMBER 1, 2024  
TWENTY-SECOND SUNDAY IN  
ORDINARY TIME

**CLUSTERED CATHOLIC PARISHES OF  
THE ALLEGHANY HIGHLANDS**

**SACRED HEART CHURCH**

255 W. Main St (office - 214 W. Locust St.) Covington, VA 24426  
540-962-6541 [sacredheartcovington.org](http://sacredheartcovington.org)  
Mass Schedule: Sunday 11:00 AM

**ST. JOSEPH CHURCH**

620 Jefferson Ave. Clifton Forge, VA 24422  
540-863-5371 [stjosephcf.org](http://stjosephcf.org)  
Mass Schedule: Sunday 9:00 AM

**SHRINE OF THE SACRED HEART**

1499 Shady Ln. (P.O. Box 38) Hot Springs, VA 24445  
540-839-2603 [shrineofthesacredheartparish.org](http://shrineofthesacredheartparish.org)  
Mass Schedule: Saturday 5:00 PM; Sunday 9:00 AM

**Fr. Ernest Dugah, Administrator**  
804-914-4977

**Fr. Tom Collins, Retired Priest In-Residence**  
540-588-8492

**Fr. Dan Kelly, Retired Priest In-Residence**  
434-270-6037

**Sacrament of Reconciliation:**

Confessions are available before each Mass at all churches.

**Sacrament of Matrimony:**

In order for a Catholic to enter a sacramentally valid marriage, he/she must respect and follow the Church's discipline regarding this sacrament. Call the parish office for specific information. Normally, about six months should be allowed to prepare for this sacred covenant. Parish registration is necessary.

**Sacrament of Confirmation:**

Students are required to be registered in the parish & be participating in the parish Rel. Ed. Program. Confirmation classes are separate and obligatory.

**Sacrament of Baptism:**

Parents are required to attend one Baptism preparation class (seminar). Baptism is celebrated within the weekend Mass. Call the parish offices for a seminar date.

**Mt Carmel Catholic Cemetery**  
Low Moor, Virginia  
Contact: Mr. Carl Withrow (540) 968-3267

## CHURCH CONTACT INFORMATION

**St. Joseph Parish 540-863-5371**

Office Hours: Call for appointment

In Emergency	Fr. Dugah	804-914-4977
Council Chair	Paul Cormier	540-968-6410
Vice Chair	Libby Burger	540-691-6618
Secretary	Mary Asma	540-965-5551
Worship	Paul Cormier	540-968-6410
Community Life	Kathy Smestad	540-862-5333
Justice & Peace	Mary Asma	540-965-5551
Grds & Maint.	Jimmy Withrow	540-494-3987

**Sacred Heart Parish 540-962-6541**

Office Hours: Call for appointment

In Emergency	Fr. Dugah	804-914-4977
Council Chair	Laurie O'Doherty	703-282-9203
Vice Chair	Leo Mulcahy	540-862-3021
Secretary	DeDe Rogowski	540-962-7344
Worship	Tom O'Doherty	540-962-6795
Community Life	Alvina Nida	540-747-2211
Justice & Peace	John Stec	540-862-1917
Grds & Maint.	Ron Brunetti	540-962-1565
Religious Educ.	Dianne Garcia	540-691-4896
K of C Contact	Don Rogowski	540-962-7344

**Shrine of the Sacred Heart Parish 540-839-2603**

Office Hours: Call for appointment

In Emergency	Fr. Dugah	804-914-4977
Council Chair	Herb Godschalk	540-255-3690
Vice Chair	Beth Eley	646-842-1555
Secretary	Sue Godschalk	540-255-2499
Worship	Eileen Judah	540-968-6409
Community Life	Deborah Lambert	540-468-3438
Justice & Peace	Tom Misiak	540-997-1478
Grds & Maint.	Louis Pokrywka	540-925-2413
Organist	Dr. Leszek Fiutowski	304-456-5473



PLEASE PRAY FOR OUR  
MILITARY MEN & WOMEN:

Sacred Heart – Arthur Headley, Jessie (Jesus) Morals, Joel Moscoso  
St. Joseph –Joshua Crawford, Andy Shepard



## PRAYER LIST

St. Joseph

Mark Asma, Clair Dilley, Tom Greenwood, Rita Luther, Sally Putnam, Carol Turner, Bob Umstead, Terry Windsor.

Sacred Heart

Pam Austin, Debbie Brokaw, Josephine Brown, Mack Brown, Wanda Callaham, Robert Childs, Esther Ewing, Jay Ewing, Tony Forbes, Roberta Frampton, Mitchell Garcia, Erin Gutierrez, Paulino Gutierrez, April Headley, Arthur Headley, Raphael Lopez, Sandra Minter, Heidi Mulcahy, David Palance, Paul Perron, Shaun Perron, Pam Poole, Michael Rybka, Cathy Savage, Maureen Stec, Bill Withrow, Becky Woodson

Shrine of the Sacred Heart

Margo Oxendine, Molly Sasser, Clarissa Westenburger

Diocese of Richmond Seminarian

Mr. Aventon Grimes

## WEEKLY DONATIONS BUDGETED NEEDS: \$1400.00

<u>St. Joseph</u>	
Sunday Offertory	\$608.00
Roof Fund	200.00
 <u>Sacred Heart</u>	
Sunday Offertory	\$972.00
 <u>Shrine of the Sacred Heart</u>	
Sunday Offertory	\$2,440.00

## CALENDAR

### WEEKDAY MASS SCHEDULE

St. Joseph – Tuesday and Thursday at 12Noon  
Sacred Heart - Wednesday at 11:30AM followed by the Rosary.

- First Friday at Sacred Heart on September 6<sup>th</sup>, beginning with Mass at 11am followed by 8 hours of Adoration. Benediction will be at 8PM;

- First Saturday at Sacred Heart on September 7<sup>th</sup> beginning at 9AM with the Rosary and Litany of Our Lady followed by Mass at 9:30AM.

The next Sacred Heart Finance and Pastoral Council meeting will be Thursday, Sept. 12, at 5:30pm in the parish hall.

## EVILS FROM WITHIN

Biblical laws demanded ceremonial washing of all food before eating. This ritual wasn't done for hygiene. It was thought to remove "spiritual impurity" or "sin" from the foodstuffs. The law also taught that dairy and meat products must be prepared and served in different containers.

Jesus scoffed at the idea. He taught that sin is an internal thing -- based upon a personal decision.

## BE DOERS

Paul had insisted that salvation comes through faith. Some of his followers took this to the extreme of believing that it wasn't necessary to DO anything -- just trust God.

James seems to be specifically countering this attitude. He tells us to be active in our faith, noting that pure religion demands involvement in social justice.

## NOTICES

Congratulations to Sacred Heart parishioners Rick and Laura George who are celebrating their 45<sup>th</sup> wedding anniversary today!

Knights of Columbus Roanoke Assembly 1167 will have a Patriotic Flag Retirement Ceremony, during their Sept 23rd Meeting. Bring any worn flag you may have to Church; Greg Kristoff will be collecting them through Sunday Sept 22nd.

The Tri-Parish Picnic will be on Sunday, September 15, at the Malone picnic shelter at Douthat State Park. The picnic is hosted by St. Joseph this year. St. Joseph will be grilling hot dogs and hamburgers and will provide the beverages. Sacred Heart parishioners are asked to bring side dishes. Shrine of the Sacred Heart parishioners are asked to bring desserts. Food will be served starting at 2PM but all are welcome to come early for fellowship. St. Joseph will need an approximate head count from each church in order to provide enough hamburgers and hot dogs. Sacred Heart and the Shrine are to call Earleen Withrow, 540-959-9567, by September 8 with the number of attendees from their respective parishes.

St. Joseph's weekly Bible Study will start again beginning Tuesday, September 10, immediately following the noon mass. The group will meet in the parish hall and participants are asked to bring a bag lunch. Coffee, tea and water will be provided. Parishioners from all three parishes are invited to attend. The daily mass readings and commentaries from The Word Among Us are used for the study. If you plan to attend, please contact Libby Burger (540-691-6618) so a booklet will be available for everyone.

## DAILY READINGS

Sun. Sept. 1	Deuteronomy 4: 1-2, 6-8; Psalms 15: 2-3, 3-4, 4-5; James 1: 17-18, 21b-22, 27; James 1: 18; Mark 7: 1-8, 14-15, 21-23
Mon. Sept. 2	1 Corinthians 2: 1-5; Psalms 119: 97, 98, 99, 100, 101, 102; Luke 4: 18; Luke 4: 16-30
Tues. Sept. 3	1 Corinthians 2: 10b-16; Psalms 145: 8-9, 10-11, 12-13ab, 13cd-14; Luke 7: 16; Luke 4: 31-37
Wed. Sept. 4	1 Corinthians 3: 1-9; Psalms 33: 12-13, 14-15, 20-21; Luke 4: 18; Luke 4: 38-44
Thurs. Sept. 5	1 Corinthians 3: 18-23; Psalms 24: 1bc-2, 3-4ab, 5-6; Matthew 4: 19; Luke 5: 1-11
Fri. Sept. 6	1 Corinthians 4: 1-5; Psalms 37: 3-4, 5-6, 27-28, 39-40; John 8: 12; Luke 5: 33-39
Sat. Sept. 7	1 Corinthians 4: 6b-15; Psalms 145: 17-18, 19-20, 21; John 14: 6; Luke 6: 1-5
Sun. Sept. 8	Isaiah 35: 4-7a; Psalms 146: 7, 8-9, 9-10; James 2: 1-5; Matthew 4: 23; Mark 7: 31-37

## VOCATIONS

“Be doers of the word, and not merely hearers who deceive themselves.” Jesus is the Word who calls you to serve Him in truth. Is He inviting you to priesthood or the consecrated life? Contact Father Matthew Kiehle (804)359-5661 email: vocations@richmond diocese .org.



## RESPOND TO GOD WITH LOVE

Our readings today call us to pause for a moment and consider how we respond to God's love for us each day.

Our Gospel recounts a dialogue between the Pharisees and Jesus. The Pharisees questioned why Jesus' disciples did not practice the ritual washing before eating a meal. Jesus' response reminds us to ask ourselves 'why.' Why do we remain faithful to God's commands? Why do we pray or go to Mass? Why do we participate in the sacraments? Why do we love others?

Often, we are living our faith a certain way out of obligation, fear, or duty. But Jesus reminds us that the greatest way to live out our faith is through love. Our faith has obligations to provide us opportunities to love, honor, and praise the Lord. They are meant to aid us on our personal journey with Jesus Christ.

St. James reminds us that every moment of each day is an opportunity to respond to God's infinite love for us with love and gratitude in return. If we approach our relationship with Jesus with this in mind, then we begin to realize that the gift of the Mass is an opportunity to worship God, the sacraments are ways to draw us closer to Him and His commandments are opportunities to love Him more faithfully.

And if we approach our day-to-day moments with this in mind, then we begin to see just how many blessings God has given us. Looking at life through the lens of gratitude helps us to see each moment as a gift with endless opportunities to respond in love.

This is how we ought to live our lives as Christian stewards — by recognizing our lives as a gift and an opportunity to love God in response to how He has loved us.