



SEPTEMBER 8, 2024

Twenty-Third SUNDAY IN ORDINARY  
TIME

**CLUSTERED CATHOLIC PARISHES OF  
THE ALLEGHANY HIGHLANDS**

**SACRED HEART CHURCH**

255 W. Main St (office - 214 W. Locust St.) Covington, VA 24426  
540-962-6541 [sacredheartcovington.org](http://sacredheartcovington.org)  
Mass Schedule: Sunday 11:00 AM

**ST. JOSEPH CHURCH**

620 Jefferson Ave. Clifton Forge, VA 24422  
540-863-5371 [stjosephcf.org](http://stjosephcf.org)  
Mass Schedule: Sunday 9:00 AM

**SHRINE OF THE SACRED HEART**

1499 Shady Ln. (P.O. Box 38) Hot Springs, VA 24445  
540-839-2603 [shrineofthesacredheartparish.org](http://shrineofthesacredheartparish.org)  
Mass Schedule: Saturday 5:00 PM; Sunday 9:00 AM

**Fr. Ernest Dugah, Administrator**

804-914-4977

**Fr. Tom Collins, Retired Priest In-Residence**

540-588-8492

**Fr. Dan Kelly, Retired Priest In-Residence**

434-270-6037

**Sacrament of Reconciliation:**

Confessions are available before each Mass at all churches.

**Sacrament of Matrimony:**

In order for a Catholic to enter a sacramentally valid marriage, he/she must respect and follow the Church's discipline regarding this sacrament. Call the parish office for specific information. Normally, about six months should be allowed to prepare for this sacred covenant. Parish registration is necessary.

**Sacrament of Confirmation:**

Students are required to be registered in the parish & be participating in the parish Rel. Ed. Program. Confirmation classes are separate and obligatory.

**Sacrament of Baptism:**

Parents are required to attend one Baptism preparation class (seminar). Baptism is celebrated within the weekend Mass. Call the parish offices for a seminar date.



**Mt Carmel Catholic Cemetery**

**Low Moor, Virginia**

**Contact: Mr. Carl Withrow (540) 968-3267**

## CHURCH CONTACT INFORMATION

**St. Joseph Parish 540-863-5371**

Office Hours: Call for appointment

In Emergency	Fr. Dugah	804-914-4977
Council Chair	Paul Cormier	540-968-6410
Vice Chair	Libby Burger	540-691-6618
Secretary	Mary Asma	540-965-5551
Worship	Paul Cormier	540-968-6410
Community Life	Kathy Smestad	540-862-5333
Justice & Peace	Mary Asma	540-965-5551
Grds & Maint.	Jimmy Withrow	540-494-3987

**Sacred Heart Parish 540-962-6541**

Office Hours: Call for appointment

In Emergency	Fr. Dugah	804-914-4977
Council Chair	Laurie O'Doherty	703-282-9203
Vice Chair	Leo Mulcahy	540-862-3021
Secretary	DeDe Rogowski	540-962-7344
Worship	Tom O'Doherty	540-962-6795
Community Life	Alvina Nida	540-747-2211
Justice & Peace	John Stec	540-862-1917
Grds & Maint.	Ron Brunetti	540-962-1565
Religious Educ.	Dianne Garcia	540-691-4896
K of C Contact	Don Rogowski	540-962-7344

**Shrine of the Sacred Heart Parish 540-839-2603**

Office Hours: Call for appointment

In Emergency	Fr. Dugah	804-914-4977
Council Chair	Herb Godschalk	540-255-3690
Vice Chair	Beth Eley	646-842-1555
Secretary	Sue Godschalk	540-255-2499
Worship	Eileen Judah	540-968-6409
Community Life	Deborah Lambert	540-468-3438
Justice & Peace	Tom Misiak	540-997-1478
Grds & Maint.	Louis Pokrywka	540-925-2413
Organist	Dr. Leszek Fiutowski	304-456-5473



PLEASE PRAY FOR OUR  
MILITARY MEN & WOMEN:

**Sacred Heart** – Arthur Headley, Jessie (Jesus)  
Morals, Joel Moscoso  
**St. Joseph** – Joshua Crawford, Andy Shepard



**St. Joseph**

Mark Asma, Clair Dilley, Tom Greenwood, Rita Luther, Sally Putnam, Carol Turner, Bob Umstead, Terry Windsor.

**Sacred Heart**

Pam Austin, Debbie Brokaw, Josephine Brown, Mack Brown, Wanda Callaham, Robert Childs, Esther Ewing, Jay Ewing, Tony Forbes, Roberta Frampton, Mitchell Garcia, Erin Gutierrez, Paulino Gutierrez, April Headley, Arthur Headley, Raphael Lopez, Sandra Minter, Heidi Mulcahy, David Palance, Paul Perron, Shaun Perron, Pam Poole, Michael Rybka, Cathy Savage, Maureen Stec, Bill Withrow, Becky Woodson

**Shrine of the Sacred Heart**

Margo Oxendine, Molly Sasser, Clarissa Westenburger

**Diocese of Richmond Seminarian**

Mr. Aventon Grimes

### WEEKLY DONATIONS BUDGETED NEEDS: \$1400.00

**St. Joseph**

Sunday Offertory \$1,406.50

**Sacred Heart**

Sunday Offertory \$3,428.00

**Shrine of the Sacred Heart**

Sunday Offertory \$2,882.07

## CALENDAR

### WEEKDAY MASS SCHEDULE

St. Joseph – Tuesday and Thursday at 12Noon  
Sacred Heart - Wednesday at 11:30AM followed by the Rosary. – Friday Benediction and Adoration at 10:45AM followed by Mass at 12NOON.

-First Friday at Sacred Heart beginning with Mass at 11am followed by 8 hours of Adoration. Benediction will be at 8PM;

-First Saturday beginning at 9AM with the Rosary and Litany of Our Lady followed by Mass at 9:30AM.

The next Sacred Heart Finance and Pastoral Council meeting will be Thursday, Sept. 12, at 5:30pm in the parish hall.

## CHILDREN'S RELIGIOUS EDUCATION

Sunday, September 15 is Catechetical Sunday. Catechetical Sunday is a day to celebrate the importance of faith formation and catechesis in the Catholic Church. On that Sunday, Sacred Heart will recognize our Catechists and our catechumens. Registration forms for children's religious education classes will be available at Mass on that Sunday. Children's religious education classes will begin on Wednesday, September 25 at 6PM in the parish hall. If you are unable to attend the Catechetical Mass, you can register your children on September 25 before classes.

## SUSPENSION OF HAITIAN

As it was announced last week, Sacred Heart's collection for our Haitian Twin Parish has been suspended due to security and safety issues in Haiti. We will not be taking up a collection for them until further notice.

## NOTICES

Knights of Columbus Roanoke Assembly 1167 will have a Patriotic Flag Retirement Ceremony, during their Sept 23rd Meeting. Bring any worn flag you may have to Church; Greg Kristoff will be collecting them through Sunday Sept 22nd.

The Tri-Parish Picnic will be on Sunday, September 15, at the Malone picnic shelter at Douthat State Park. The picnic is hosted by St. Joseph this year. St. Joseph will be grilling hot dogs and hamburgers and will provide the beverages. Sacred Heart parishioners are asked to bring side dishes. Shrine of the Sacred Heart parishioners are asked to bring desserts. Food will be served starting at 2PM but all are welcome to come early for fellowship. St. Joseph will need an approximate head count from each church in order to provide enough hamburgers and hot dogs. Sacred Heart and the Shrine are to call Earleen Withrow, 540-959-9567, by September 8 with the number of attendees from their respective parishes.

St. Joseph's weekly Bible Study will start again beginning Tuesday, September 10, immediately following the noon mass. The group will meet in the parish hall and participants are asked to bring a bag lunch. Coffee, tea and water will be provided. Parishioners from all three parishes are invited to attend. The daily mass readings and commentaries from The Word Among Us are used for the study. If you plan to attend, please contact Libby Burger (540-691-6618) so a booklet will be available for everyone.

After many months of proofs, reviews, corrections and resubmissions, the Tri-Parish Directory is in final production and books should be delivered to us soon.

## DAILY READINGS

Sun. Sept. 8	Isaiah 35: 4-7a; Psalms 146: 7, 8-9, 9-10; James 2: 1-5; Matthew 4: 23; Mark 7: 31-37
Mon. Sept. 9	1 Corinthians 5: 1-8; Psalms 5: 5-6, 7, 12; John 10: 27; Luke 6: 6-11
Tues. Sept. 10	1 Corinthians 6: 1-11; Psalms 149: 1b-2, 3-4, 5-6a, 9b; John 15: 16; Luke 6: 12-19
Wed. Sept. 11	1 Corinthians 7: 25-31; Psalms 45: 11-12, 14-15, 16-17; Luke 6: 23ab; Luke 6: 20-26
Thurs. Sept. 12	1 Corinthians 8: 1b-7, 11-13; Psalms 139: 1b-3, 13-14ab, 23-24; 1 John 4: 12; Luke 6: 27-38
Fri. Sept. 13	1 Corinthians 9: 16-19, 22b-27; Psalms 84: 3, 4, 5-6, 12; John 17: 17b, 17a; Luke 6: 39-42
Sat. Sept. 14	Numbers 21: 4b-9; Psalms 78: 1bc-2, 34-35, 36-37, 38; Philippians 2: 6-11; John 3: 13-17
Sun. Sept. 15	Isaiah 50: 5-9a; Psalms 116: 1-2, 3-4, 5-6, 8-9; James 2: 14-18; Galatians 6: 14; Mark 8: 27-35

## VOCATIONS

“Be strong, do not fear!” With every true vocation comes the strength and courage of the One who calls. If the Holy Spirit is prompting you to follow Christ as a priest, deacon or in the consecrated life, contact: Father Matthew Kiehle (804)359-5661 email: vocations@richmond diocese .org.



## GOD WANTS TO HEAL US

Our readings today offer us a message of hope — God is with us and wants to heal us. May this message come ablaze in our hearts so that we might live with unwavering faith.

The Gospel presents us with the story of the profound physical healing of a deaf man with a speech impediment. People brought him to Jesus and begged for his healing. Jesus took the man off by himself, touched his ears and his tongue, then proclaimed, “Be opened!” Immediately he was healed. This story in our Gospel overwhelms us with comfort and peace because we have a compassionate God who sees our physical needs. Yet if we reflect further on this reading, we see that God uses this moment of physical healing as an opportunity to restore something much deeper — our souls.

Oftentimes we are blind and deaf to God in our lives. We miss countless opportunities to see God working in our day-to-day moments — through our loved ones, our community, or even a stranger. We miss the quiet voice of Jesus in our hearts telling us to choose Him instead of sin, respond in love instead of anger, or care for someone else in a moment instead of ourselves.

These are how we need to be spiritually healed. And the scriptures remind us that God is with us and wants to heal us.

This week let us seek God to heal our souls and transform our hearts. Let us pray that our eyes and our ears might “be open” to His workings, words, and promptings in our lives.