



SEPTEMBER 15, 2024

Twenty-fourth SUNDAY IN ORDINARY  
TIME

**CLUSTERED CATHOLIC PARISHES OF  
THE ALLEGHANY HIGHLANDS**

**SACRED HEART CHURCH**

255 W. Main St (office - 214 W. Locust St.) Covington, VA 24426  
540-962-6541 [sacredheartcovington.org](http://sacredheartcovington.org)  
Mass Schedule: Sunday 11:00 AM

**ST. JOSEPH CHURCH**

620 Jefferson Ave. Clifton Forge, VA 24422  
540-863-5371 [stjosephcf.org](http://stjosephcf.org)  
Mass Schedule: Sunday 9:00 AM

**SHRINE OF THE SACRED HEART**

1499 Shady Ln. (P.O. Box 38) Hot Springs, VA 24445  
540-839-2603 [shrineofthesacredheartparish.org](http://shrineofthesacredheartparish.org)  
Mass Schedule: Saturday 5:00 PM; Sunday 9:00 AM

**Fr. Ernest Dugah, Administrator**  
804-914-4977

**Fr. Tom Collins, Retired Priest In-Residence**  
540-588-8492

**Fr. Dan Kelly, Retired Priest In-Residence**  
434-270-6037

**Sacrament of Reconciliation:**

Confessions are available before each Mass at all churches.

**Sacrament of Matrimony:**

In order for a Catholic to enter a sacramentally valid marriage, he/she must respect and follow the Church's discipline regarding this sacrament. Call the parish office for specific information. Normally, about six months should be allowed to prepare for this sacred covenant. Parish registration is necessary.

**Sacrament of Confirmation:**

Students are required to be registered in the parish & be participating in the parish Rel. Ed. Program. Confirmation classes are separate and obligatory.

**Sacrament of Baptism:**

Parents are required to attend one Baptism preparation class (seminar). Baptism is celebrated within the weekend Mass. Call the parish offices for a seminar date.

**MT CARMEL CATHOLIC CEMETERY**

Low Moor, Virginia

Contact: Mr. Carl Withrow (540) 968-3267

## CHURCH CONTACT INFORMATION

**St. Joseph Parish 540-863-5371**

Office Hours: Call for appointment

|                 |               |              |
|-----------------|---------------|--------------|
| In Emergency    | Fr. Dugah     | 804-914-4977 |
| Council Chair   | Paul Cormier  | 540-968-6410 |
| Vice Chair      | Libby Burger  | 540-691-6618 |
| Secretary       | Mary Asma     | 540-965-5551 |
| Worship         | Paul Cormier  | 540-968-6410 |
| Community Life  | Kathy Smestad | 540-862-5333 |
| Justice & Peace | Mary Asma     | 540-965-5551 |
| Grds & Maint.   | Jimmy Withrow | 540-494-3987 |

**Sacred Heart Parish 540-962-6541**

Office Hours: Call for appointment

|                 |                  |              |
|-----------------|------------------|--------------|
| In Emergency    | Fr. Dugah        | 804-914-4977 |
| Council Chair   | Laurie O'Doherty | 703-282-9203 |
| Vice Chair      | Leo Mulcahy      | 540-862-3021 |
| Secretary       | DeDe Rogowski    | 540-962-7344 |
| Worship         | Tom O'Doherty    | 540-962-6795 |
| Community Life  | Alvina Nida      | 540-747-2211 |
| Justice & Peace | John Stec        | 540-862-1917 |
| Grds & Maint.   | Ron Brunetti     | 540-962-1565 |
| Religious Educ. | Dianne Garcia    | 540-691-4896 |
| K of C Contact  | Don Rogowski     | 540-962-7344 |

**Shrine of the Sacred Heart Parish 540-839-2603**

Office Hours: Call for appointment

|                 |                      |              |
|-----------------|----------------------|--------------|
| In Emergency    | Fr. Dugah            | 804-914-4977 |
| Council Chair   | Herb Godschalk       | 540-255-3690 |
| Vice Chair      | Beth Eley            | 646-842-1555 |
| Secretary       | Sue Godschalk        | 540-255-2499 |
| Worship         | Eileen Judah         | 540-968-6409 |
| Community Life  | Deborah Lambert      | 540-468-3438 |
| Justice & Peace | Tom Misiak           | 540-997-1478 |
| Grds & Maint.   | Louis Pokrywka       | 540-925-2413 |
| Organist        | Dr. Leszek Fiutowski | 304-456-5473 |



PLEASE PRAY FOR OUR  
MILITARY MEN & WOMEN:

Sacred Heart – Arthur Headley, Jessie (Jesus) Morals, Joel Moscoso  
St. Joseph –Joshua Crawford, Andy Shepard



## PRAYER LIST

St. Joseph

Mark Asma, Clair Dilley, Tom Greenwood, Ed and Sandra Haverlack, Rita Luther, Sally Putnam, Carol Turner, Terry Windsor.

Sacred Heart

Pam Austin, Debbie Brokaw, Josephine Brown, Mack Brown, Wanda Callaham, Robert Childs, Esther Ewing, Jay Ewing, Tony Forbes, Roberta Frampton, Mitchell Garcia, Erin Gutierrez, Paulino Gutierrez, April Headley, Arthur Headley, Raphael Lopez, Sandra Minter, Heidi Mulcahy, David Palance, Paul Perron, Shaun Perron, Pam Poole, Michael Rybka, Cathy Savage, Maureen Stec, Bill Withrow, Becky Woodson

Shrine of the Sacred Heart

Margo Oxendine, Molly Sasser, Clarissa Westenburger

Diocese of Richmond Seminarian

Mr. Avention Grimes

## WEEKLY DONATIONS BUDGETED NEEDS: \$1400.00

St. Joseph

Sunday Offertory \$2,312.00

Sacred Heart

Sunday Offertory \$1,500.00  
Misc. 2<sup>nd</sup> Collections 80.00

Shrine of the Sacred Heart

Sunday Offertory \$1,921.75

## CALENDAR

### WEEKDAY MASS SCHEDULE

St. Joseph – Tuesday and Thursday at 12Noon  
Sacred Heart - Wednesday at 11:30AM followed by  
the Rosary. – Friday Benediction and Adoration at  
10:45AM followed by Mass at 12NOON.

-First Friday of each month at Sacred Heart beginning  
with Mass at 11am followed by 8 hours of Adoration.  
Benediction will be at 8PM;

-First Saturday of each month beginning at 9AM with  
the Rosary and Litany of Our Lady followed by Mass  
at 9:30AM.



## SUNDAY ROTATION CHANGE

Fr. Ernest will celebrate Mass at the Shrine of the  
Sacred Heart on the first and third weekends of each  
month. Fr. Tom will be the celebrant at Sacred Heart  
and St. Joseph on those Sundays.

## SIMON CHANGED TO PETER

Some people doubt that Jesus had a sense of humor  
because there is nowhere in the Gospel that  
mentions him laughing. But the Lord does make  
jokes. Unfortunately, many of them are puns that do  
not translate very well. Today's Gospel is a good  
example. Jesus changes one of his apostles' names.  
The alteration is applied to Simon, who is given the  
name "Cephas" or "Peter". Most people realize that  
the name "Peter" means "rock" -- but that's not the  
whole story. In Hebrew the name "Simon" means  
"little pebble". Jesus makes a pun on this, renaming  
the "little pebble" to the "rock".

## NOTICES

Knights of Columbus Roanoke Assembly 1167  
will have a Patriotic Flag Retirement Ceremony,  
during their Sept 23rd Meeting. Bring any worn  
flag you may have to Church; Greg Kristoff will  
be collecting them through Sunday Sept 22nd.

The Tri-Parish Picnic is this afternoon at the  
Malone (#3) picnic shelter at Douthat State Park.  
Food will be served around 2pm but you can  
arrive anytime from 1PM on. You are welcome  
to attend if you did not sign-up.

After many months of proofs, reviews,  
corrections and resubmissions, the Tri-Parish  
Directory is in final production and books should  
be delivered to us soon. Special thanks to Libby  
Burger and Paul Cormier who worked diligently  
on this project over the past nine months.

**SAVE THE DATE:** The Alleghany Highlands Fall  
Life Chain will be on Sunday, October 6, from  
1:30 pm to 2:45 pm at the intersection (light), on  
the sidewalk entrance to Wal-Mart Industrial  
Park.

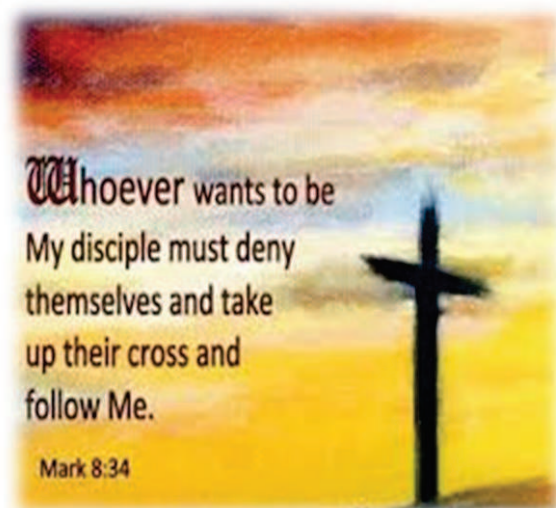
Knights of Columbus Knights put their faith into  
action ever day to make life better in their  
parishes and communities. The Knights of  
Columbus offers men the opportunity to grow in  
their faith while helping others and supporting  
the Church, and to become better Catholic,  
husbands, and fathers. The founder of the  
Knights of Columbus, Blessed Fr. Michael  
McGivney, has been beatified by the Church. All  
practicing Catholic men 18 years or older are  
invited to join. If you are interested, speak to a  
Sacred Heart - St. Joseph Council Knight after  
Mass or contact Don Rogowski at 540-962-7344.

## DAILY READINGS

|                 |                                                                                                        |
|-----------------|--------------------------------------------------------------------------------------------------------|
| Sun. Sept. 15   | Isaiah 50: 5-9a; Psalms 116: 1-2, 3-4, 5-6, 8-9; James 2: 14-18; Galatians 6: 14; Mark 8: 27-35        |
| Mon. Sept. 16   | 1 Corinthians 11: 17-26, 33; Psalms 40: 7-8a, 8b-9, 10, 17; John 3: 16; Luke 7: 1-10                   |
| Tues. Sept. 17  | 1 Corinthians 12: 12-14, 27-31a; Psalms 100: 1b-2, 3, 4, 5; Luke 7: 16; Luke 7: 11-17                  |
| Wed. Sept. 18   | 1 Corinthians 12: 31 – 13: 13; Psalms 33: 2-3, 4-5, 12, 22; John 6: 63c, 68c; Luke 7: 31-35            |
| Thurs. Sept. 19 | 1 Corinthians 15: 1-11; Psalms 118: 1b-2, 16ab-17, 28; Matthew 11: 28; Luke 7: 36-50                   |
| Fri. Sept. 20   | 1 Corinthians 15: 12-20; Psalms 17: 1bcd, 6-7, 8b, 15; Matthew 11: 25; Luke 8: 1-3                     |
| Sat. Sept. 21   | Ephesians 4: 1-7, 11-13; Psalms 19: 2-3, 4-5; Matthew 9: 9-13                                          |
| Sun. Sept. 22   | Wisdom 2: 12, 17-20; Psalms 54: 3-4, 5, 6 8; James 3: 16 – 4: 3; 2 Thessalonians 2: 14 ; Mark 9: 30-37 |

## VOCATIONS

“Who do you say that I am?” The One who calls is the Messiah, the Son of the living God. Are you called to follow Him as a priest, deacon, brother or sister? Contact Father Matthew Kiehle (804)359-5661 email: vocations @richmond diocese .org.



## PICK UP YOUR CROSS

Jesus addresses His disciples saying, “Whoever wishes to come after me must deny himself, take up his cross, and follow me.” We are Jesus’ disciples, and He is speaking those same words to us here and now.

Living a life of discipleship is not always easy. It requires us to be imitators of Christ — who suffered, died, and rose from the dead out of total love for each one of us. This means we are called to share in Christ’s sufferings by taking up our cross and following Him daily. But what does this look like in our day-to-day lives? We can start by making a firm resolution to follow Christ today, here and now, and renewing that resolution each day when we rise. This requires time with Him each day — speaking and listening.

We should also strive to pick up our crosses each day with Christ by our side. Our cross might be suffering from an illness, fighting an addiction, a day of screaming kids, or a period where things just don’t seem to go our way. Instead of avoiding these sufferings or complaining about them, we are called to carry them with Christ, allowing Him to transform us through them.

If we live life constantly focused on us, we will ultimately lose ourselves, but if we surrender our lives for Christ and His mission, we will gain eternal life and become more alive than we could have ever imagined, “For whoever wishes to save his life will lose it, but whoever loses his life for my sake and that of the gospel will save it.” This takes daily commitment and requires endurance in our faith, which can only be done through active discipleship.