



February 9, 2025

FIFTH Sunday in ordinary time

**CLUSTERED CATHOLIC PARISHES OF  
THE ALLEGHANY HIGHLANDS**

**SACRED HEART CHURCH**

255 W. Main St (office - 214 W. Locust St.) Covington, VA 24426  
540-962-6541 [sacredheartcovington.org](http://sacredheartcovington.org)  
Mass Schedule: Sunday 11:00 AM

**ST. JOSEPH CHURCH**

620 Jefferson Ave. Clifton Forge, VA 24422  
540-863-5371 [stjosephcf.org](http://stjosephcf.org) email: [stjoseph@ntelos.net](mailto:stjoseph@ntelos.net)  
Mass Schedule: Sunday 9:00 AM

**SHRINE OF THE SACRED HEART**

1499 Shady Ln. (P.O. Box 38) Hot Springs, VA 24445  
540-839-2603 [shrineofthesacredheartparish.org](http://shrineofthesacredheartparish.org)  
Mass Schedule: Saturday 5:00 PM; Sunday 9:00 AM

**Fr. Ernest Dugah, Administrator**

804-914-4977

**Fr. Tom Collins, Retired Priest In-Residence**

540-588-8492

**Fr. Dan Kelly, Retired Priest In-Residence**

434-270-6037

**Sacrament of Reconciliation:**

Confessions are available before each Mass at all churches.

**Sacrament of Matrimony:**

In order for a Catholic to enter a sacramentally valid marriage, he/she must respect and follow the Church's discipline regarding this sacrament. Call the parish office for specific information. Normally, about six months should be allowed to prepare for this sacred covenant. Parish registration is necessary.

**Sacrament of Confirmation:**

Students are required to be registered in the parish & be participating in the parish Rel. Ed. Program. Confirmation classes are separate and obligatory.

**Sacrament of Baptism:**

Parents are required to attend one Baptism preparation class (seminar). Baptism is celebrated within the weekend Mass. Call the parish offices for a seminar date.

**MT CARMEL CATHOLIC CEMETERY**

Low Moor, Virginia

Contact: Mr. Carl Withrow (540) 968-3267



## CHURCH CONTACT INFORMATION

**St. Joseph Parish 540-863-5371**

Office Hours: Call for appointment

In Emergency	Fr. Dugah	804-914-4977
Council Chair	Paul Cormier	540-968-6410
Vice Chair	Libby Burger	540-691-6618
Secretary	Mary Asma	540-965-5551
Worship	Paul Cormier	540-968-6410
Community Life	Kathy Smestad	540-862-5333
Justice & Peace	Mary Asma	540-965-5551
Grds & Maint.	Jimmy Withrow	540-494-3987

**Sacred Heart Parish 540-962-6541**

Office Hours: Call for appointment

In Emergency	Fr. Dugah	804-914-4977
Council Chair	Laurie O'Doherty	703-282-9203
Vice Chair	Leo Mulcahy	540-862-3021
Secretary	DeDe Rogowski	540-962-7344
Worship	Tom O'Doherty	540-962-6795
Community Life	Alvina Nida	540-747-2211
Justice & Peace	John Stec	540-862-1917
Grds & Maint.	Ron Brunetti	540-962-1565
Religious Educ.	Dianne Garcia	540-691-4896
K of C Contact	Don Rogowski	540-962-7344

**Shrine of the Sacred Heart Parish 540-839-2603**

Office Hours: Call for appointment

In Emergency	Fr. Dugah	804-914-4977
Council Chair	Herb Godschalk	540-255-3690
Vice Chair	Beth Eley	646-842-1555
Secretary	Sue Godschalk	540-255-2499
Worship	Eileen Judah	540-968-6409
Community Life	Deborah Lambert	540-468-3438
Justice & Peace	Tom Misiak	540-997-1478
Grds & Maint.	Louis Pokrywka	540-925-2413



PLEASE PRAY FOR OUR  
MILITARY MEN & WOMEN:

**Sacred Heart** – Arthur Headley, Jessie (Jesus) Morals, Joel Moscoso  
**St. Joseph** – Joshua Crawford, Andy Shepard



**St. Joseph**

Mark Asma, Clair Dilley, Katie Greenwood, Tom Greenwood, Ed and Sandra Haverlack, Rita Luther, Sally Putnam, Carol Turner, Terry Windsor.

**Sacred Heart**

Pam Austin, Debbie Brokaw, Josephine Brown, Mack Brown, Wanda Callaham, Esther Ewing, Rev. David Hanks, Tony Forbes, Roberta Frampton, April Headley, Arthur Headley, Rosina Headley, Raphael Lopez, Brooke Nogueira, David Palance, Paul Perron, Michael Rybka, Cathy Savage, Maureen Stec, Rayvi Veras, Patricia Whitlow, Bill Withrow, Becky Woodson, Francine Young

**Shrine of the Sacred Heart**

Margo Oxendine, Molly Sasser, Clarissa Westenburger

**Diocese of Richmond Seminarian**

Mr. Avention Grimes

### WEEKLY DONATIONS BUDGETED NEEDS: \$1400.00

<b>St. Joseph</b>	
Sunday Offertory	\$
<b>Sacred Heart</b>	
Sunday Offertory	\$4,128.00
Various 2 <sup>nd</sup> Collections	130.00
<b>Shrine of the Sacred Heart</b>	
Sunday Offertory	\$11,182.19

## CALENDAR

### WEEKDAY MASS SCHEDULE

St. Joseph – Tuesday and Thursday at 12Noon  
Sacred Heart - Wednesday at 11:30AM followed by the Rosary.  
Friday – Adoration and Benediction at 10:45AM followed by Mass at 12Noon.  
First Friday Mass at 11AM, followed by 8 hours of Adoration. Benediction at 8PM. There is a signup sheet for Adoration as you enter the church.  
First Saturday Mass – Rosary and Litany of Our Lady at 9:00AM followed by Mass at 9:30AM



## AN EMBER TOUCHED MY LIPS

In 742 BC--the year King Uzziah died--a young man has a remarkable dream. Isaiah envisions the inside of the Temple in Jerusalem. God appears to him in a overwhelming display of majesty. Around Him are angels that look like fiery, winged beings. Isaiah is struck with fear over the sight. He recognizes his own unworthiness and the impurity of his speech. Then one of the angels takes a piece of charcoal from a brazier used for burning incense. The angel touches Isaiah's lips. It symbolically cleanses Isaiah so that he may speak for God. The Lord then commissions Isaiah to serve as a prophet. Priests and deacons still recall this image before they read the Gospel at Mass. They say, "Lord, wash my lips that I may fittingly proclaim your holy Gospel." Every lector or reader should have the same reverence for God's word.

## NOTICES

### COMFORTCARE BABY BOTTLE CAMPAIGN

Comfort Care Women's Health Centers of Lexington & Staunton are having their annual Baby Bottle Campaign once again. Please take a bottle home and get the entire family involved. Keep it for several weeks. Fill the bottle with spare change and cash or a check made out to K OF C COUNCIL #17457 (write Baby Bottle or Comfort Care on the check memo line). Return the filled bottle before Mass on or before February 23, 2025. Writing checks out TO KOFC COUNCIL #17457 will allow for supplemental funds to be procured from a Supreme Council pro-life program, \$100 for each \$500 collected, up to an additional \$400 total for the clinics. Also, a letter of acknowledgement will be sent to check donors for the purpose of itemizing charity tax deductions. God bless you for your support in saving babies from abortion. Additional info can be obtained by visiting the [www.ccwomenshealth.org](http://www.ccwomenshealth.org) website or by contacting John Stec or Jennifer Seckner.

## THE FIFTH SUNDAY IN ORDINARY TIME

How often our own doubts or negative attitudes cause us to miss the power of Christ in our lives! Mindful of this, Christ commands: "Put out into the deep." In faithful obedience to Jesus, our nets become full with the effects of God's love and care for us. Our sins and failings should not cause us to flee or fear Jesus, but instead to cry out: "Stay with me, Lord, for I am a sinful man." The Gospel that is being preached to us saves us from what would otherwise shame us. Our sin is purged; our wickedness is removed. Do not be afraid.

## DAILY READINGS

Sun. Feb. 9	Isaiah 6: 1-2a, 3-8; Psalms 138: 1-2ab, 2cd-3, 4-5, 7c-8; 1 Corinthians 15: 1-11; Matthew 4: 19; Luke 5: 1-11
Mon. Feb. 10	Genesis 1: 1-19; Psalms 104: 1-2a, 5-6, 10 and 12, 24 and 35c; Matthew 4: 23; Mark 6: 53-56
Tues. Feb. 11	Genesis 1: 20 – 2: 4a; Psalms 8: 4-5, 6-7, 8-9; Psalms 119: 36, 29b; Mark 7: 1-13
Wed. Feb. 12	Genesis 2: 4b-9, 15-17; Psalms 104: 1-2a, 27-28, 29bc-30; John 17: 17b, 17a; Mark 7: 14-23
Thurs. Feb. 13	Genesis 2: 18-25; Psalms 128: 1-2, 3, 4-5; James 1: 21bc; Mark 7: 24-30
Fri. Feb. 14	Genesis 3: 1-8; Psalms 32: 1-2, 5, 6, 7; Acts 16: 14b; Mark 7: 31-37
Sat. Feb. 15	Genesis 3: 9-24; Psalms 90: 2, 3-4abc, 5-6, 12-13; Matthew 4: 4b; Mark 8: 1-10
Sun. Feb. 16	Jeremiah 17: 5-8; Psalms 1: 1-2, 3, 4, 6; 1 Corinthians 15: 12, 16-20; Luke 6: 23ab; Luke 6: 17, 20-26

## VOCATIONS

“They left everything and followed Jesus.” If you sense that Christ may be calling you to the priesthood, diaconate or consecrated life, contact Father Matthew Kiehle (804)359-5661 email: vocations @richmond diocese .org.



## HERE I AM LORD, SEND ME!

Our readings today remind us of the great privilege we have in calling ourselves both children and disciples of the Most High God.

The First Reading from Isaiah describes a vision of the prophet in which angels surround the Lord proclaiming, “Holy, holy, holy is the LORD of hosts! All the earth is filled with his glory!” Our God invites us to such deep intimacy and friendship with Him that sometimes we can forget just how majestic and unspeakably holy He truly is.

In the Gospel passage, from Luke, Jesus instructs Simon to lower his nets for a catch despite an unsuccessful night of fishing. Peter is skeptical but obeys and is amazed at the catch of fish that he makes. He kneels down before Jesus in astonishment.

This sense of awe and reverence before God should motivate us to deepen our stewardship way of life. As we contemplate the holiness of God, we come to a heightened awareness of what a privilege it is that He has chosen to include us in His work of spreading the Gospel to others through the grateful sharing of the gifts He has given us. Aware of this privilege, we will then make the words of Isaiah our own: “Here I am Lord, send me!”