



February 23, 2025

SEVENTH Sunday in ordinary time

**CLUSTERED CATHOLIC PARISHES OF  
THE ALLEGHANY HIGHLANDS**

**SACRED HEART CHURCH**

255 W. Main St (office - 214 W. Locust St.) Covington, VA 24426  
540-962-6541 [sacredheartcovington.org](http://sacredheartcovington.org)  
Mass Schedule: Sunday 11:00 AM

**ST. JOSEPH CHURCH**

620 Jefferson Ave. Clifton Forge, VA 24422  
540-863-5371 [stjosephcf.org](http://stjosephcf.org) email: [stjoseph@ntelos.net](mailto:stjoseph@ntelos.net)  
Mass Schedule: Sunday 9:00 AM

**SHRINE OF THE SACRED HEART**

1499 Shady Ln. (P.O. Box 38) Hot Springs, VA 24445  
540-839-2603 [shrineofthesacredheartparish.org](http://shrineofthesacredheartparish.org)  
Mass Schedule: Saturday 5:00 PM; Sunday 9:00 AM

**Fr. Ernest Dugah, Administrator**

540-620-9309

**Fr. Tom Collins, Retired Priest In-Residence**

540-588-8492

**Fr. Dan Kelly, Retired Priest In-Residence**

434-270-6037

**Sacrament of Reconciliation:**

Confessions are available before each Mass at all churches.

**Sacrament of Matrimony:**

In order for a Catholic to enter a sacramentally valid marriage, he/she must respect and follow the Church's discipline regarding this sacrament. Call the parish office for specific information. Normally, about six months should be allowed to prepare for this sacred covenant. Parish registration is necessary.

**Sacrament of Confirmation:**

Students are required to be registered in the parish & be participating in the parish Rel. Ed. Program. Confirmation classes are separate and obligatory.

**Sacrament of Baptism:**

Parents are required to attend one Baptism preparation class (seminar). Baptism is celebrated within the weekend Mass. Call the parish offices for a seminar date.



**MT CARMEL CATHOLIC CEMETERY**

Low Moor, Virginia

Contact: Mr. Carl Withrow (540) 968-3267

## CHURCH CONTACT INFORMATION

**St. Joseph Parish 540-863-5371**

Office Hours: Call for appointment

In Emergency	Fr. Dugah	804-914-4977
Council Chair	Paul Cormier	540-968-6410
Vice Chair	Libby Burger	540-691-6618
Secretary	Mary Asma	540-965-5551
Worship	Paul Cormier	540-968-6410
Community Life	Kathy Smestad	540-862-5333
Justice & Peace	Mary Asma	540-965-5551
Grds & Maint.	Jimmy Withrow	540-494-3987

**Sacred Heart Parish 540-962-6541**

Office Hours: Call for appointment

In Emergency	Fr. Dugah	804-914-4977
Council Chair	Laurie O'Doherty	703-282-9203
Vice Chair	Leo Mulcahy	540-862-3021
Secretary	DeDe Rogowski	540-962-7344
Worship	Tom O'Doherty	540-962-6795
Community Life	Alvina Nida	540-747-2211
Justice & Peace	John Stec	540-862-1917
Grds & Maint.	Ron Brunetti	540-962-1565
Religious Educ.	Dianne Garcia	540-691-4896
K of C Contact	Don Rogowski	540-962-7344

**Shrine of the Sacred Heart Parish 540-839-2603**

Office Hours: Call for appointment

In Emergency	Fr. Dugah	804-914-4977
Council Chair	Herb Godschalk	540-255-3690
Vice Chair	Beth Eley	646-842-1555
Secretary	Sue Godschalk	540-255-2499
Worship	Eileen Judah	540-968-6409
Community Life	Deborah Lambert	540- 468-3438
Justice & Peace	Tom Misiak	540-997-1478
Grds & Maint.	Louis Pokrywka	540-925-2413



PLEASE PRAY FOR OUR  
MILITARY MEN & WOMEN:

Sacred Heart – Arthur Headley, Jessie (Jesus) Morals, Joel Moscoso  
St. Joseph –Joshua Crawford, Andy Shepard



**St. Joseph**

Mark Asma, Clair Dilley, Katie Greenwood, Tom Greenwood, Ed and Sandra Haverlack, Rita Luther, Sally Putnam, Carol Turner, Terry Windsor, Elaina Wright.

**Sacred Heart**

Pam Austin, Debbie Brokaw, Josephine Brown, Mack Brown, Wanda Callaham, Esther Ewing, Rev. David Hanks, Tony Forbes, Roberta Frampton, April Headley, Arthur Headley, Rosina Headley, Raphael Lopez, Brooke Nogueira, David Palance, Paul Perron, Michael Rybka, Cathy Savage, Maureen Stec, Rayvi Veras, Patricia Whitlow, Bill Withrow, Becky Woodson, Francine Young

**Shrine of the Sacred Heart**

Margo Oxendine, Molly Sasser, Clarissa Westenburger

**Diocese of Richmond Seminarian**

Mr. Avention Grimes



### WEEKLY DONATIONS BUDGETED NEEDS: \$1400.00

St. Joseph	
Sunday Offertory	\$1,051.00
Sacred Heart	
Sunday Offertory	\$1,060.00
COPE Food Pantry	340.00
Shrine of the Sacred Heart	
Sunday Offertory	\$878.00

## CALENDAR

### WEEKDAY MASS SCHEDULE

St. Joseph – Tuesday and Thursday at 12Noon  
Sacred Heart - Wednesday at 11:30AM followed by the Rosary.

Friday – Adoration and Benediction at 10:45AM followed by Mass at 12Noon.

During Lent: First Friday Mass at 11AM, followed by 5 hours of Adoration. Benediction at 5:00PM.

First Saturday Mass is this Saturday, March 1st – Rosary and Litany of Our Lady are at 9:00AM followed by Mass at 9:30AM

Lent begins on Ash Wednesday, March 5th. Mass schedule is as follows:

St. Joseph at 5:00PM with Stations of the Cross  
Sacred Heart at 6:30PM; (There is no 11:30AM Mass)  
Shrine of the Sacred Heart at 5:00PM.

Stations of the Cross:

St. Joseph: 6:00PM on Wednesdays

Sacred Heart: 5:30PM on Fridays followed by a meatless soup supper

Shrine of the Sacred Heart: 5:00PM on Wednesdays

On Ash Wednesday, Good Friday, and all Fridays of Lent: Everyone of age 14 and up must abstain from consuming meat. On Ash Wednesday and Good Friday: Everyone of age 18 to 59 must fast, unless exempt due to a medical reason. Children, adults with physical and mental illness, pregnant women and those nursing are all exempt. Fasting rules allow Catholics to eat only one full meal and two smaller meals which, combined, would not equal a single normal meal.

Scan here to donate  
to the 2025 Annual  
Diocesan Appeal .



## NOTICES

We are happy to announce that Landon Scott Clark, infant son of Cameron and Lauren Clark, and brother of Grayson and Alexis, will be baptized this morning at Sacred Heart. Let us keep them in our thoughts and prayers as they prepare for this important step in their faith journey.

As we celebrate CRS Rice Bowl's 50th anniversary, the program is a tradition for millions of Catholics in the United States who continue to answer the Gospel call, supporting families experiencing hunger around the world. 25% percent of every donation stays in your community to fight hunger and poverty. Operation Rice Bowl boxes are on the tables at the back of the church.

The Season of Lent begins on Ash Wednesday. Please bring your palms from last year and place them on the table at the back of the Church. At Sacred Heart, we will burn the palms on Shrove Tuesday, March 4th at 6:30pm, followed by a Dessert Reception in the Parish Hall. Please bring the dessert of your choice. You do not have to provide a dessert to attend

### WELCOME TO THE 2025 Annual Diocesan Appeal: Sharing His Love with Others

The 2025 Appeal will provide critical funding to three key areas of our Diocesan Church: Empowering the Next Generation, Providing for Those in Need, and Strengthening Catholic Communities. Our clustered parishes continue to receive 50% back from all our contributions. the 2025 Appeal will provide critical funding to many diverse and impactful ministries that affect the lives of thousands of people in our Diocese. You will receive more information in upcoming bulletins.

## DAILY READINGS

Sun. Feb. 23	1 Samuel 26: 2, 7-9, 12-13, 22-23; Psalms 103: 1-2, 3-4, 8, 10, 12-13; 1 Corinthians 15: 45-49; John 13: 34; Luke 6: 27-38
Mon. Feb. 24	Sirach 1: 1-10; Psalms 93: 1ab, 1cd-2, 5 2 Timothy 1: 10; Mark 9: 14-29
Tues. Feb. 25	Sirach 2: 1-11; Psalms 37: 3-4, 18-19, 27-28, 39-40; Galatians 6: 14; Mark 9: 30-37
Wed. Feb. 26	Sirach 4: 11-19; Psalms 119: 165, 168, 171, 172, 174, 175; John 14: 6; Mark 9: 38-40
Thurs. Feb. 27	Sirach 5: 1-8; Psalms 1: 1-2, 3, 4 and 6; 1 Thessalonians 2: 13; Mark 9: 41-50
Fri. Feb. 28	Sirach 6: 5-17; Psalms 119: 12, 16, 18, 27, 34, 35; John 17: 17b, 17a; Mark 10: 1-12
Sat. March 1	Sirach 17: 1-15; Psalms 103: 13-14, 15-16, 17-18; Matthew 11: 25; Mark 10: 13-16
Sun. March 2	Sirach 27: 4-7; Psalms 92: 2-3, 13-14, 15-16; 1 Corinthians 15: 54-58; Philippians 2: 15d, 16a; Luke 6: 39-45

## VOCATIONS

"I give you a new commandment says the Lord: love one another as I have loved you." Are you being called to strengthen His body through a vocation to the priesthood, diaconate or the consecrated life? Contact Father Matthew Kiehle (804)359-5661 email: vocations@richmond diocese .org.



## LOVE YOUR ENEMIES

In today's Gospel, taken from the sixth chapter of Luke, Jesus offers a very challenging, seemingly impossible approach to daily life. "Love your enemies, do good to those who hate you, bless those who curse you, pray for those who mistreat you. To the person who strikes you on one cheek, offer the other one as well, and from the person who takes your cloak do not withhold even your tunic." It makes one want to say, "Seriously, Lord?" And He doesn't stop there. Jesus adds, "Give to everyone who asks of you, and from the one who takes what is yours do not demand it back."

It seems so unfair! That is, unless we look at this way of life from a stewardship point of view. Then, not only does it seem doable (though challenging), but it also actually makes perfect sense. A steward understands clearly that all he has and all that he is — his very life — is a gift from God given to him from an unfathomable abundance of love. This changes everything! This means "my" cloak, "my" tunic, "my" money, and time — all of it ultimately belongs to God. He has entrusted these things to each of us in love to use for His purposes and His glory.

Does this mean we are to be passive "doormats" to anyone who wants to take advantage of us? Certainly not. Jesus explains this in the next verse of this passage when He says, "Do to others as you would have them do to you." There is nothing wrong with loving oneself since God loves us and has made us in His own image and likeness. Jesus is simply asking that we also approach others, and the sharing of our gifts, with this same attitude. He is giving us a definition here of real love, a steward's love!