



MAY 18, 2025

FIFTH Sunday of Easter

**CLUSTERED CATHOLIC PARISHES OF
THE ALLEGHANY HIGHLANDS**

SACRED HEART CHURCH

255 W. Main St (office - 214 W. Locust St.) Covington, VA 24426

540-962-6541 sacredheartcovington.org

Mass Schedule: Sunday 11:00 AM

ST. JOSEPH CHURCH

620 Jefferson Ave. Clifton Forge, VA 24422

540-863-5371 stjosephcf.org email: stjoseph@ntelos.net

Mass Schedule: Sunday 9:00 AM

SHRINE OF THE SACRED HEART

1499 Shady Ln. (P.O. Box 38) Hot Springs, VA 24445

540-839-2603 shrineofthesacredheartparish.org

Mass Schedule: Saturday 5:00 PM; Sunday 9:00 AM

Fr. Ernest Dugah, Administrator

540-620-9309

Fr. Tom Collins, Retired Priest In-Residence

540-588-8492

Fr. Dan Kelly, Retired Priest In-Residence

434-270-6037

Sacrament of Reconciliation:

Confessions are available before each Mass at all churches.

Sacrament of Matrimony:

In order for a Catholic to enter a sacramentally valid marriage, he/she must respect and follow the Church's discipline regarding this sacrament. Call the parish office for specific information. Normally, about six months should be allowed to prepare for this sacred covenant. Parish registration is necessary.

Sacrament of Confirmation:

Students are required to be registered in the parish & be participating in the parish Rel. Ed. Program. Confirmation classes are separate and obligatory.

Sacrament of Baptism:

Parents are required to attend one Baptism preparation class (seminar). Baptism is celebrated within the weekend Mass. Call the parish offices for a seminar date.



MT CARMEL CATHOLIC CEMETERY

Low Moor, Virginia

Contact: Mr. Carl Withrow (540) 968-3267

Sacred Heart – St. Joseph Knights of Columbus Council 17457

Next Meeting: Thursday, June 19 @ Sacred Heart Parish Hall

Rosary: 6:25 PM, Meal: 6:45, Meeting: 7:10 PM

CHURCH CONTACT INFORMATION

St. Joseph Parish 540-863-5371

Office Hours: Call for appointment

In Emergency	Fr. Dugah	540-620-9309
Council Chair	Paul Cormier	540-968-6410
Vice Chair	Libby Burger	540-691-6618
Secretary	Mary Asma	540-965-5551
Worship	Paul Cormier	540-968-6410
Community Life	Kathy Smestad	540-862-5333
Justice & Peace	Mary Asma	540-965-5551
Grds & Maint.	Jimmy Withrow	540-494-3987

Sacred Heart Parish 540-962-6541

Office Hours: Call for appointment

In Emergency	Fr. Dugah	540-620-9309
Council Chair	Laurie O'Doherty	703-282-9203
Vice Chair	Leo Mulcahy	540-862-3021
Secretary	DeDe Rogowski	540-962-7344
Worship	Tom O'Doherty	202-373-9571
Community Life	Alvina Nida	540-747-2211
Justice & Peace	John Stec	540-862-1917
Grds & Maint.	Leo Mulcahy	540-862-3021
Religious Educ.	Dianne Garcia	540-691-4896
K of C Contact	Don Rogowski	540-962-7344

Shrine of the Sacred Heart Parish 540-839-2603

Office Hours: Call for appointment

In Emergency	Fr. Dugah	540-620-9309
Council Chair	Herb Godschalk	540-255-3690
Vice Chair	Beth Eley	646-842-1555
Secretary	Sue Godschalk	540-255-2499
Worship	Eileen Judah	540-968-6409
Justice & Peace	Tom Misiak	540-997-1478
Grds & Maint.	Louis Pokrywka	540-925-2413



PLEASE PRAY FOR OUR
MILITARY MEN & WOMEN:

Sacred Heart – Arthur Headley, Jessie (Jesus)
Morals, Joel Moscoso

St. Joseph –Joshua Crawford, Andy Shepard



St. Joseph

Maria Amerio, Mark Asma, Clair Dilley, Tom Greenwood, Ed and Sandra Haverlack, Rita Luther, Roy Putnam, Sally Putnam, Carol Turner, Terry Windsor, Elaina Wright, Katie Greenwood White

Sacred Heart

Pam Austin, Josephine Brown, Mack Brown, Wanda Callahan, Janice Campbell, Karen Cody, John Dziedzic, Esther Ewing, John Gordon, Rev. David Hanks, Tony Forbes, Roberta Frampton, April Headley, Arthur Headley, Rosina Headley, Raphael Lopez, Brooke Nogueira, David Palance, Paul Perron, Lucy Quirk, Michael Rybka, Cathy Savage, Maureen Stec, Rayvi Veras, Patricia Whitlow, Bill Withrow, Becky Woodson, Francine Young

Shrine of the Sacred Heart

Margo Oxendine, Molly Sasser

Diocese of Richmond Seminarian

Mr. Aventon Grimes

WEEKLY DONATIONS BUDGETED NEEDS: \$1400.00

St. Joseph	
Sunday Offertory	\$
Sacred Heart	
Sunday Offertory	\$1,660.00
COPE Food Pantry	170.00
Shrine of the Sacred Heart	
Sunday Offertory	\$1,213.63

CALENDAR

WEEKDAY MASS SCHEDULE

St. Joseph – Tuesday and Thursday at 12Noon

Sacred Heart – Wednesday at 11:30AM followed by the Rosary; Friday: Adoration and Benediction at 10:45AM followed by Mass at 12Noon.

First Friday: Mass is at 11AM followed by 8 hours of Adoration; Benediction is at 8PM.

First Saturday: Rosary and Litany of Our Lady are prayed at 9AM followed by Mass at 9:30AM

I AM GOING AWAY

At the Last Supper Jesus announced that he was "going away". The Church interprets this as a reference to the Ascension. Where, exactly, did Jesus go and why? The people of the Middle East took things literally. They believed that heaven was somewhere beyond the sky--which they thought was a dome above the earth. Jesus did not come to teach astronomy, so he rose up into the sky as a way of saying that he was going to something "greater".

Why did he leave? He was probably teaching that his followers should no longer look for physical apparitions. He would remain spiritually with them through his Holy Spirit. This would force the disciples to begin their mission to "go out to all the world and preach the good news."

The 24th Roanoke Lebanese Festival will be held May 30 - June 1, 2025, at St. Elias Maronite Catholic Church, 4730 Cove Road NW, Roanoke, VA 24017

Friday & Saturday: 11 AM - 9 PM

Sunday: 11 AM - 8 PM

The festival features delicious Lebanese food, Lebanese music and traditional Lebanese folk dancers in full costume. Admission and parking are free. There are also activities for children.

NOTICES

Please join the Knights of Columbus in honoring our U.S. military personnel who died while serving in the United States Armed Forces, on Memorial Day Monday May 26th. We will assemble at Mt. Carmel Catholic Cemetery Low Moor, rain or shine at 9:00am to place flags on Veteran graves and recite the Rosary. All parishioners, family, and friends are welcome. May is the month dedicated to honoring the Blessed Virgin Mary. We will pray the Rosary 20 minutes before Mass each Sunday in May.

Sign in to FORMED for the daily Mass readings and insightful reflections. This is a great way to start your day!

St. Joseph's Bible Study continues to meet every Tuesday after noon Mass. The lessons are from The Word Among Us daily reading. Everyone is welcome. Those attending should bring a bag lunch. Coffee, tea and water are provided.

Sacred Heart - St. Joseph Knights of Columbus Council thanks all who are collecting aluminum cans and dropping them off in the orange bin located along the side of the Sacred Heart Rectory garage. Over 2130 lbs. or more than 69,000 cans have been recycled. Currently, the recycling rate is about 2320 pounds per year. The proceeds from recycling aluminum cans are used to fund Council initiatives. Be creative and ask your friends, neighbors, or a business to save aluminum cans for you to drop off at the Rectory garage.

Drafting a Will is a simple process, but make sure it is done right. By using expert advisors, such as attorneys and financial planners, your wishes can be honored after you are gone.

DAILY READINGS

Sun. May 18	Acts 14: 21-27; Psalms 145: 8-9, 10-11, 12-13; Revelation 21: 1-5a; John 13: 34; John 13: 31-33a, 34-35
Mon. May 19	Acts 14: 5-18; Psalms 115: 1-2, 3-4, 15-16; John 14: 26; John 14: 21-26
Tues. May 20	Acts 14: 19-28; Psalms 145: 10-11, 12-13ab, 21; Luke 24: 46, 26; John 14: 27-31a
Wed. May 21	Acts 15: 1-6; Psalms 122: 1-2, 3-4ab, 4cd-5; John 15: 4a, 5b; John 15: 1-8
Thurs. May 22	Acts 15: 7-21; Psalms 96: 1-2a, 2b-3, 10; John 10: 27; John 15: 9-11
Fri. May 23	Acts 15: 22-31; Psalms 57: 8-9, 10 and 12; John 15: 15b; John 15: 12-17
Sat. May 24	Acts 16: 1-10; Psalms 100: 2, 3, 5; Colossians 3: 1; John 15: 18-21
Sun. May 25	Acts 15: 1-2, 22-29; Psalms 67: 2-3, 5, 6 and 8; Revelation 21: 10-14, 22-23; John 14: 23; John 14: 23-29

VOCATIONS

"By this everyone will know that you are My disciples." How will you manifest your discipleship? Consider living the Lord's new commandment of love as a priest, deacon, sister or brother. Contact Father Matthew Kiehle (804)359-5661 email: vocations@richmond diocese .org.



LOVE ONE ANOTHER

Today's readings on this fifth Sunday of Easter contain inspiring but challenging messages for us Christian stewards. The Gospel from John includes this well-known verse: "My children...I give you a new commandment: love one another. As I have loved you, so you also should love one another." What a succinct description of a stewardship way of life. It sounds so simple. But simple does not necessarily mean easy.

How exactly is Jesus Calling us to love? As He, Himself loved. Jesus loved (and loves) by serving us and by making a sacrifice of His very life for us. That is a tall order.

Living a life of service and self-sacrifice is not easy because it requires us to continuously fight against our selfish inclinations. But the more we empty ourselves of "self" by serving others, the more room we make in our hearts for God to pour His grace into us. Amazingly, the more we give our lives away to others, the more He fills us up with Himself who is love itself.

And amid the inevitable challenging moments this way of life entails we can be assured that the Lord who loves us so much that He died for us and established the Eucharist to be our strength and nourishment, is right here with us every step of the way.

As we face the hardships that come with living as Christian stewards, we can continue to rejoice in the wonder of the Resurrection this Easter season, finding great joy in following in our Lord's footsteps and in loving as He loves.