



JUNE 15, 2025
SOLEMNITY OF the most Holy trinity

**CLUSTERED CATHOLIC PARISHES OF
THE ALLEGHANY HIGHLANDS**

SACRED HEART CHURCH

255 W. Main St (office - 214 W. Locust St.) Covington, VA 24426
540-962-6541 sacredheartcovington.org
Mass Schedule: Sunday 11:00 AM

ST. JOSEPH CHURCH

620 Jefferson Ave. Clifton Forge, VA 24422
540-863-5371 stjosephcf.org email: stjoseph@ntelos.net
Mass Schedule: Sunday 9:00 AM

SHRINE OF THE SACRED HEART

1499 Shady Ln. (P.O. Box 38) Hot Springs, VA 24445
540-839-2603 shrineofthesacredheartparish.org
Mass Schedule: Saturday 5:00 PM; Sunday 9:00 AM

Fr. Ernest Dugah, Pastor

540-620-9309

Fr. Tom Collins, Retired Priest In-Residence

540-588-8492

Fr. Dan Kelly, Retired Priest In-Residence

434-270-6037

Sacrament of Reconciliation:

Confessions are available before each Mass at all churches.

Sacrament of Matrimony:

In order for a Catholic to enter a sacramentally valid marriage, he/she must respect and follow the Church's discipline regarding this sacrament. Call the parish office for specific information. Normally, about six months should be allowed to prepare for this sacred covenant. Parish registration is necessary.

Sacrament of Confirmation:

Students are required to be registered in the parish & be participating in the parish Rel. Ed. Program. Confirmation classes are separate and obligatory.

Sacrament of Baptism:

Parents are required to attend one Baptism preparation class (seminar). Baptism is celebrated within the weekend Mass. Call the parish offices for a seminar date.

MT CARMEL CATHOLIC CEMETERY

Low Moor, Virginia

Contact: Mr. Carl Withrow (540) 968-3267

Sacred Heart – St. Joseph Knights of Columbus Council 17457

Next Meeting: Thursday, June 19 @ Sacred Heart Parish Hall

Rosary: 6:25 PM, Meal: 6:45, Meeting: 7:10 PM

CHURCH CONTACT INFORMATION

St. Joseph Parish 540-863-5371

Office Hours: Call for appointment

In Emergency	Fr. Dugah	540-620-9309
Council Chair	Paul Cormier	540-968-6410
Vice Chair	Libby Burger	540-691-6618
Secretary	Mary Asma	540-965-5551
Worship	Paul Cormier	540-968-6410
Community Life	Kathy Smestad	540-862-5333
Justice & Peace	Mary Asma	540-965-5551
Grds & Maint.	Jimmy Withrow	540-494-3987

Sacred Heart Parish 540-962-6541

Office Hours: Call for appointment

In Emergency	Fr. Dugah	540-620-9309
Council Chair	Laurie O'Doherty	703-282-9203
Vice Chair	Leo Mulcahy	540-862-3021
Secretary	DeDe Rogowski	540-962-7344
Worship	Tom O'Doherty	202-373-9571
Community Life	Alvina Nida	540-747-2211
Justice & Peace	John Stec	540-862-1917
Grds & Maint.	Leo Mulcahy	540-862-3021
Religious Educ.	Dianne Garcia	540-691-4896
K of C Contact	Don Rogowski	540-962-7344

Shrine of the Sacred Heart Parish 540-839-2603

Office Hours: Call for appointment

In Emergency	Fr. Dugah	540-620-9309
Council Chair	Herb Godschalk	540-255-3690
Vice Chair	Beth Eley	646-842-1555
Secretary	Sue Godschalk	540-255-2499
Worship	Eileen Judah	540-968-6409
Justice & Peace	Tom Misiak	540-997-1478
Grds & Maint.	Louis Pokrywka	540-925-2413



PLEASE PRAY FOR OUR
MILITARY MEN & WOMEN:

Sacred Heart – Arthur Headley, Jessie (Jesus)
Morals, Joel Moscoso

St. Joseph –Joshua Crawford, Andy Shepard



St. Joseph

Maria Amerio, Clair Dilley, Tom Greenwood, Ed and Sandra Haverlack, Rita Luther, Sally Putnam, Carol Turner, Terry Windsor, Elaina Wright, Katie Greenwood White

Sacred Heart

Pam Austin, Josephine Brown, Mack Brown, Wanda Callaham, Janice Campbell, Karen Cody, Jeanette Deardorff, John Dziedzic, Esther Ewing, John Gordon, Rev. David Hanks, Tony Forbes, April Headley, Arthur Headley, Annabella LaPosta, Raphael Lopez, Brooke Nogueira, David Palance, Paul Perron, Michael Rybka, Cathy Savage, Maureen Stec, Rayvi Veras, Patricia Whitlow, Bill Withrow, Becky Woodson, Francine Young

Shrine of the Sacred Heart

Margo Oxendine, Molly Sasser

Diocese of Richmond Seminarian

Mr. Avention Grimes

WEEKLY DONATIONS BUDGETED NEEDS: \$1400.00

St. Joseph	
Sunday Offertory	\$653.00
Sacred Heart	
Sunday Offertory	\$2,691.00
2 nd Collections	100.00
Shrine of the Sacred Heart	
Sunday Offertory	\$1,697.63

CALENDAR

WEEKDAY MASS SCHEDULE

St. Joseph – Tuesday and Thursday at 12Noon

Sacred Heart – Wednesday at 11:30AM; Friday
Benediction and Adoration at 10:45AM followed by
Mass at 12Noon.

First Friday on July 4th will be the same as First
Saturday: Rosary and Litany of Our Lady at 9AM
followed by Mass at 9:30AM;

First Saturday: Rosary and Litany of Our Lady at 9AM
followed by Mass at 9:30AM

FATHER'S DAY PRAYER

Heavenly Father, you entrusted your Son Jesus, the child of Mary, to the care of Joseph, his foster father. Bless all fathers and grandfathers as they care for their families. Give them strength and wisdom, tenderness and patience, give them ability to love in a way that reflects your love. Support them in the work they have to do, protecting those who look to them, as we look to you for love and salvation. Help us to love them in a way that would bring honor to You and them. Bless and heal all those wounded by the imperfections of their fathers and grant an eternal rest to our fathers you have called from this life to yourself, through Jesus Christ Lord. Amen

FEAST OF THE SACRED HEART OF JESUS

The Feast of the Sacred Heart of Jesus is on Friday, June 27th. Holy Mass will be celebrated at 5:30pm at Sacred Heart followed by a potluck dinner. Please bring a dish of your choice and join us in good food and fellowship. We hope you will come even if you cannot bring a dish. There will not be a 12Noon Mass on this Friday. Adoration and Benediction will be from 4:15pm to 5:15PM

NOTICES

Do you know someone who might be inquiring about the Catholic Faith or may want to become a Catholic? If yes, beginning Monday, August 18 that someone can start the process of learning more about the Catholic Faith with the possibility of becoming Catholic at the Easter Vigil 2026 (April 5, 2026). To learn more contact Don Rogowski at 540-962-7344 or Janice Campbell at 540-969-9073.

The next Adult Faith Formation is Lectio: Peter: Cornerstone of Catholicism. The character of St. Peter is both inspiring and confounding to many of us. How could a stubborn and impulsive fisherman become the "rock" upon which Jesus would build his Church? Bringing together biblical accounts, historical evidence, Church teaching, classical art, and personal insights, Dr. Tim Gray gives a fresh perspective on Simon Peter that is immediately informative and relevant to our lives. After all, if Jesus could bring out the very best in someone like Peter, then there is hope for the rest of us. Sessions begin on Tuesday, September 9 @ 6:30 PM in Sacred Heart Parish Hall and continue each Tuesday until November 11 (10 sessions, each ~1 hour). If you would like a Participant Guide (over 200 pages) , contact Don Rogowski @ 540-962-7344 or formed@sacredheartcovington.org by Monday, August 18.

Please plan on participating in our annual Corpus Christi Procession on June 22nd, immediately following 11am Holy Mass at Sacred Heart Covington. The Corpus Christi procession dates back to the 13th century and centers on the belief in the Real Presence of Christ in the Eucharist. The Procession is a great opportunity to bear witness to our Catholic Faith.

DAILY READINGS

Sun. June 15	Proverbs 8: 22-31; Psalms 8: 4-5, 6-7, 8-9; Romans 5: 1-5; Revelation 1: 8 John 16: 12-15
Mon. June 16	2 Corinthians 6: 1-10; Psalms 98: 1, 2b, 3ab, 3cd-4; Psalms 119: 105; Matthew 5: 38-42
Tues. June 17	2 Corinthians 8: 1-9; Psalms 146: 2, 5-6ab, 6c-7, 8-9a; John 13: 34; Matthew 5: 43-48
Wed. June 18	2 Corinthians 9: 6-11; Psalms 112: 1bc-2, 3-4, 9; John 14: 23; Matthew 6: 1-6, 16-18
Thurs. June 19	2 Corinthians 11: 1-11; Psalms 111: 1b-2, 3-4, 7-8; Romans 8: 15bc; Matthew 6: 7-15
Fri. June 20	2 Corinthians 11: 18, 21-30; Psalms 34: 2-3, 4-5, 6-7; Matthew 5: 3; Matthew 6: 19-23
Sat. June 21	2 Corinthians 12: 1-10; Psalms 34: 8-9, 10-11, 12-13; 2 Corinthians 8: 9; Matthew 6: 24-34
Sun. June 22	Genesis 14: 18-20; Psalms 110: 1, 2, 3, 4; 1 Corinthians 11: 23-26; John 6: 51; Luke 9: 11b-17

VOCATIONS

"We boast in our hope of sharing the glory of God." How do you hope to share in God's glory...as a priest, deacon or in the consecrated life? Contact Father Matthew Kiehle (804)359-5661 email: vocations@richmond diocese .org.



MYSTERY OF THE HOLY TRINITY

Today we celebrate the feast of the Most Holy Trinity. What we are commemorating is a central reality of our Christian faith, that God is Trinitarian in nature — three distinct persons in one God.

The Church calls this truth a mystery, as indeed it is. Some have said that "mystery" in this context is "not a wall to run up against but an ocean in which to swim." Contemplating the "ocean depths" of this mystery can make us humans feel so small, and almighty God so far from us. Yet nothing could be further from the truth as today's readings demonstrate.

In the second reading, St. Paul reminds us that God is intimately connected to us. "The love of God has been poured out into our hearts through the Holy Spirit that has been given to us." God wants live in the very depths of our being and in all the intimate details of our lives if we will let Him.

And in the Gospel from St. John, we learn that God holds back nothing of Himself from us. Jesus tells His disciples (this includes us!) that the Holy Spirit "will take from what is mine and declare it to you. Everything the Father has is mine." Thus, we find ourselves drawn right into the midst of this Trinitarian love. In fact, if the mystery of Holy Trinity is an ocean which to swim, the "water" that makes up that ocean is love.

What then should be the response of the Christian steward to this sublime mystery? All we can do is worship. And offer our lives back to God in total gratitude for calling us to live in the richness of such unfathomable love.